



Win Awenen Nisitotung

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Bahweting Bidajimowin • Official newspaper of the Sault Ste. Marie Tribe of Chippewa Indians

New traditional practitioner comes onboard

BY JENNIFER DALE-BURTON
Traditional Practitioner George Goggleye III joined Sault Tribe's Traditional Medicine Program Oct. 4, during this fall's fasting and releasing camp. He joins Traditional Practitioner Gerard Sagassige, Traditional Medicine Supervisor Lori Gambardella, Practitioner's Assistant Bree Hissong, and Administrative Assistant Katrina Waid.

All Traditional Medicine staff are Anishinaabe, Sagassige from Curve Lake First Nation in Ontario; Goggleye from Leech Lake Band of Ojibwe in Minnesota; and Gambardella, Hissong and Waid all from Sault Tribe.

Originally from Leech Lake Reservation in Minnesota, Goggleye, 37, had been living in Minneapolis the last few years, doctoring in the community and working with youth. He practices traditional healing by treating physical, spiritual, mental, and emotional health through ceremony and traditional medicines.

"We are so happy and blessed to have George Goggleye III join our Traditional Medicine team. We rely heavily on each other to provide the best Traditional Medicine health and wellness to our communities," said Gambardella. "Having George and Gerard as our Traditional Practitioners has brought back that feeling of the old ways you hear about or remember when sitting with those who carry such rich knowledge of our ancestors and our way of life — 'Mno' Bimaadziwin.'"

Goggleye said one of the most significant differences between Western medicine and Anishinaabe traditional medicine is that Western medicine treats symptoms while traditional medicine goes to the root of the illness. "We start at the root —



Photo by Jennifer Dale-Burton

Traditional Medicine's Administrative Assistant Katrina Waid, Traditional Practitioner Assistant Bree Hissong, Traditional Practitioner George Goggleye III, Traditional Medicine Supervisor Lori Gambardella, and Traditional Practitioner Gerard Sagassige at the Nov. 16 Welcome Feast at Niigaanigiizhik Ceremonial Building.

the origin — of the illness," Goggleye said. Goggleye came here to help the community, help the people, and learn from the community. "I'm looking forward to getting to know the community and building a good relationship with the community," he said.

When he was young, an Elder told Goggleye's parents he was gifted and would help people later in life.

Leech Lake is a smaller community, tightly knit, where everyone knows each other and looks out for each other. Goggleye's father's community is one of the more traditional, holding on to the language and ceremony. He was lucky to be raised with his grandparents. They were fluent and held to the old ways, often visiting with others, and talking in the language.

"Visiting is a kind of cere-

mony," Goggleye said. "Elders, people who know things, were all part of my spiritual youth. Watching and listening is one of the greatest teachings. I absorbed and learned a lot from a lot of different teachers."

Goggleye had his first fast at 14, and also received his first pipe, something that really set him on the path to learning. He fasted for four days when he was 17 or 18. In his early 20s, he started doctoring. He had spiritual permission, and a very specific direction, he said.

"Fasting connects you," Goggleye said. "Dreams are visions of a type and are communications with the Creator."

Goggleye is a musician who performs hip hop. When he can, he likes traveling, beading and being out in nature. He takes care of himself; his health is important for healing.

Also coming onboard this year were Practitioner's Assistant Bree Hissong on Feb. 28 and Administrative Assistant Katrina Waid on June 20.

As administrative assistant, Waid is the first point of contact with clients. She makes appointments, designs and distributes the department's promotional materials and helps with everything needed — picking and processing medicines, ceremonies, camps, meetings, and so forth.

"I love my job. I'm learning new things every day," Waid said, adding that the nature of her work is awakening her spirit.

"We're always busy and there is always something to do," she added, while she and Hissong made tobacco ties.

Hissong assists healers, picks and processes medicines, preps medicines for healers, logs treatments, helps with patient care, and anything else needed. "I love this job," she said.

Hissong went to school for surgical tech. She didn't finish but had "a lot of medical training and a calling." Hissong said that seeing people heal makes her feel like she's really making a difference in their lives. And, she likes the positivity in

Traditional Medicine, and "how happy people are from our services."

Hissong is back in college taking the Anishinaabemowin Pane Immersion Program at Bay Mills Community College. "I will graduate when I'm 71," she laughed.

Gambardella said that working at the Traditional Medicine program often does not feel like work, but a way of life. "We are eager to offer ceremony and natural medicines to those who seek out these traditional services. Our biggest mission is to provide spiritual, physical, emotional and mental well-being to those who seek this as a form of their healthcare," she said. "Through our teachings and ceremonies, we understand that when one heals, they bring healing to others which then has an effect to spread to many. Enriching our hearts and minds heals community."

Sault Tribe's Traditional Medicine Program, established in 1995, was the first tribal traditional medicine program in the U.S. integrated with the tribal health delivery system and has served as a model for other programs across the country. The program serves over 3,000 clients throughout the seven-county service area.

The department is based in the Sault Tribe Health Center on Ashmun St. in Sault Ste. Marie. The practitioners travel to tribal clinics in Sault Ste. Marie, St. Ignace, Hessel, Manistique, Munising, Newberry and Gladstone. Among the services provided are appointments and consultations with traditional practitioners, naming ceremonies, sweat lodges, warrior camps, arthritis ceremonies, releasing ceremonies, and fasting ceremonies.

To make an appointment or ask questions, contact Traditional Medicine at (906) 632-0236, 632-5268, or 632-0220.

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Mission Hill Overlook, with Spectacle Lake in front and Lake Superior in back, under frost.

Photo by Scott Brand

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HUMAN RESOURCE DIRECTORY
HR DIRECTOR - CHERYL NOLAN
CNOLAN1@SAULTTRIBE.NET/906.635.4937 EXT. 56308
HR MANAGER - DIANE SLIGER
DSLIGER@SAULTTRIBE.NET/906.635.4937 EXT. 53057
EMPLOYMENT SUPERVISOR - DUSTY TENYCK
DTENYCK@SAULTTRIBE.NET/906.635.4937 EXT. 51031
EMPLOYEE RELATIONS SUPERVISOR - JEFF ROGERS
JROGERS@SAULTTRIBE.NET/906-635.4937 EXT. 53579
TRAINING SUPERVISOR - HEATHER SMITH
HSMITH1@SAULTTRIBE.NET/906.635.4937 EXT. 53079

STHC medical staff form medical team pods for best patient care

Dear Tribal Patients,
Change is hard. Over the past three years, the Sault Tribe Health Division has had major challenges and subsequent changes to continue with the goal of quality primary care. When the COVID -19 pandemic first started in March 2020, your medical team put on PPE every day and continued to provide care to the community. This meant that the medical team had to make significant changes to how we delivered care to our patients. As a result of direct epidemiological threat, Telemedicine was expanded.

Change has continued with the remodel of the Nurse's Station. The new setup of the Nursing Station is to accommodate the "pod" medical team. This "pod" medical team consists of a physician, at least one nurse practitioner, RN, LPN, MA, Nurse Care manager, and referral coordinator. With two full time physicians and a pediatrician currently on staff in Sault Tribe Health Center, we are trying to make the very most of the limited number of providers at the Sault Clinic site and maximize patient care. Under the IHS Patient Centered Medical

Home Model – the Pod medical team — the physician is seeing the high acuity, complex patients and the nurse practitioners are seeing the usual general medical care appointments and wellness / physical appointments. The high acuity, complex patient care is outside the scope of practice for the nurse practitioner but is in the scope of practice for the physician. The goal is to get more patients caught up on their preventative care and general health care as soon as possible. For example: Dr. Neuroth's patients will be offered to see

Carla Behling NP for their wellness / physical exams while Dr. Neuroth will see Behling's high acuity patients to get treatment plans in place. Working as a team approach this way, more patients will have access to both critical care and routine preventative care based on each individual's needs. As we move ahead, more change will happen, more challenges will present themselves as we continue to work toward becoming a fully functioning Patient Centered Medical Home's model in the next three years. Your medical team asks for

your help during this evolution that must happen for STHC to be successful in providing quality care. Please understand that when we are behind during the day, we are trying to give each patient the same quality care each time. When appointments are offered with a different provider, it is not to be difficult, but to provide you with timely quality care while we are maximizing the very limited resources we currently have. Thank you for your understanding. Very Respectfully, Dr. Neuroth DO

Tribal committee vacancies announced

The following Sault Tribe Committees currently have vacant seats. Sault Tribe members interested in filling these vacancies should submit one letter of intent and three letters of recommendation from other members to Katelynn Griffin at 523 Ashmun Street, Sault Ste. Marie, MI 49783, or call (906) 635-6050 with any questions. **Anishinaabe Cultural Committee** - Ten vacancies - five males (4-year term), five females (4-year term) **Child Welfare Committee** - Five vacancies (4-year term) **Election Committee** - Two

vacancies (4-year term) **Health Board** - Three vacancies (4-year term) **Housing/Utility Authority** - Two Vacancies (4-year term) **Special Needs/Enrollment Committee** - Unit I: 2 vacancies, Unit II: 2 vacancies, Unit III: 2 vacancies, Unit V: 1 vacancy (2-year term) **Elder Advisory Committee** Unit I - Sault - One alternate vacancy (4-year term) Unit II - Hessel - One alternate vacancy (4-year term) Unit II - Naubinway - One regular vacancy (4-year term) Unit III - St. Ignace - One alternate vacancy (4-year term)

Unit V - Marquette - One alternate vacancy (4-year term) **Elder Subcommittee** Unit I - Sault - Two alternate vacancies (4-year term) Unit II - Hessel - One alternate vacancy (4-year term) Unit II - Newberry - One regular vacancy, one alternate vacancy (4-year term) Unit III - St. Ignace - One regular vacancy (4-year term) Unit IV Manistique - One regular vacancy, one alternate vacancy (4-year term) Unit IV - Escanaba - One regular vacancy (4-year term) Unit V - Munising - One alternate vacancy (4-year term)

BLACK FRIDAY sale at Northern Hospitality!

Northern Hospitality Is having a two-day event sale for BLACK FRIDAY on Friday, Nov. 25 and Saturday, Nov. 26! **20 percent off everything in stock!** No further discounts during sales event, nor on special orders. Open Friday 10 a.m.-5:30 p.m. and Saturday 9 a.m.-3 p.m. Stop in and see us at 827 Ashmun St. in Sault Ste. Marie. For questions, call (906) 635-4800.

Kewadin Casino Gift Shop holiday sale til Nov. 30!

The Sault Ste. Marie Kewadin Casino Gift Shop is having a Pre-Holiday Sale now through Nov. 30. **Get 25 PERCENT OFF** clothing, giftware, souvenirs, jewelry, publications and plush! Excluded from the sale are already reduced items, food, beverages, amenities, newspapers, nicotine products and tribal artwork.

Sault Tribe Health Division continues to offer Vivitrol as part of the Medication-Assisted Treatment (MAT)

FROM BEHAVIORAL HEALTH The Sault Tribe Health Division provides Vivitrol and other types of Naltrexone as a Medication-Assisted Treatment (MAT) method for patients seeking assistance with opioid or alcohol dependence. With a major team effort, the MAT program was launched in Health Division in 2018. Medical providers, Behavioral Health clinicians, pharmacists and the medical technologists in the laboratory work closely together to make sure they are providing quality services, making sure Vivitrol or Naltrexone

treatment is a fit for each client seeking services. Pharmacogenomic testing is available as helpful tool for providers in order to get an idea about how medication will work for particular client before the start of the treatment. Pharmacogenomic testing was introduced in Sault Tribe Health Division in 2018 to aid the new MAT Program. Vivitrol was approved by the Food and Drug Administration (FDA) in 2006 to prevent relapse in those recovering from alcohol use disorder. It works to minimize cravings from alcohol

instead of making the person sick from alcohol use as other prevention medicines can do. Vivitrol was then approved for opioid use disorders by the FDA in 2010 after a study showed that people who took Vivitrol stayed in rehabilitation programs longer and were more likely to remain in recovery. Vivitrol and Naltrexone are

medically safe and available for clients 18 and older. If you are interested in the MAT program at the Sault Tribe Health Division, call (906) 632-5200 to make an appointment with a provider. For relapse situations, the Sault Tribe Health Division Behavioral Health Program is offering an intensive outpatient psycho-educational program.

Tribal members: need assistance?

Two membership liaisons work with the chairperson's office on membership issues and concerns across the service area. The liaisons respond to membership issues and follow up to ensure they are resolved. Sault Tribe members are encouraged to contact the liaisons when they need help with tribal issues by emailing them at

membersconcerns@saulttribe.net or contacting them individually at: Clarence Hudak, Lambert Center, St. Ignace, Mich., (906) 643-2124, chudak@saulttribe.net OR Mary Jenerou, Manistique Tribal Center, (906) 341-8469; Munising Centers, (906) 450-7011 or (906) 450-7011, mjenerou@saulttribe.net.

Tribally Owned Offering Gas and Cigarette Discounts
MidJim Convenience Store, 2205 Shunk Rd., Sault Ste. Marie
MidJim Convenience Store II, 3045 Mackinac Trail, St. Ignace

Tribally Owned Offering Gas Discount Only
White Pine Lodge, 7889 E. W. M-28, Christmas

Non Tribal owned Stations Offering Gas Discount Only
Newberry BP Express Mart, 13975 M-28, Newberry
Freedom Value Center, 501 W. Washington St., Marquette
Manistique Oil company, 216 Deer St., Manistique
Carnes BP, 2300 Ludington St., Escanaba
Kinross BP Local Express, 4440 Tone Rd., Kincheloe
Cedar Pantry, 159 W M-134, Cedarville

WIOA offers funding for on-the-job training

The Sault Ste. Marie Tribe of Chippewa Indians Workforce Innovation and Opportunities Act (WIOA) Program has funding available for on-the-job training and short-term occupational training opportunities. The program may be able to provide tuition assistance for skills training if it leads to an industry-recognized certification or under OJT, the program may reimburse an employer 50 percent of your wage for a specified training period. Candidates must meet certain eligibility requirements and be a resident of the seven-county service area. Please apply at WIOA at Big Bear Community Recreation Center in Sault Ste. Marie, Mich., or call Brenda Cadreau at (906) 635-4767 for more information.

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Jennifer Dale-Burton.....Editor
Sherrie Lucas.....Secretary
Brenda Austin.....Staff Writer
Scott Brand.....Staff Writer

Win Awenen Nisitotung welcomes submissions of news articles, feature stories, photographs, columns and announcements of American Indian or non-profit events. All submissions are printed at the discretion of the editor, subject to editing and are not to exceed 400 words. Unsigned submissions are not accepted. Please note the distribution date when submitting event information for our community calendar. Submissions can be mailed, faxed or e-mailed. The distribution date is the earliest the newspaper can arrive in the seven-county service area. Win Awenen Nisitotung is funded by the Sault Ste. Marie Tribe of

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call for other foreign countries. Subscribe by sending your name and mailing address to the address below with your check or money order made out to the Sault Ste. Marie Tribe of Chippewa Indians. Or, call (906) 632-6398 to pay by credit card. **Advertising:** \$8.50/column inch. **Submission and Subscriptions:** Win Awenen Nisitotung Attn: Communications Dept. 531 Ashmun St., Sault Ste. Marie, MI 49783 Telephone: (906) 632-6398 Fax: (906) 632-6556 E-mail: slucas@saulttribe.net or jdale-burton@saulttribe.net.

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How Diabetes can affect your dental health

BY JESSICA A. RICKERT, DDS,
ANISHINAABE DENTAL OUTREACH

Diabetes mellitus is a disease that affects how the body uses blood sugar (glucose). Glucose is an important source of energy for the cells that make up the muscles and tissues. It is also the brain's main source of fuel.

Insulin is a hormone made by the pancreas that allows your body to use sugar (sucrose) and glucose from carbohydrates for immediate energy. Or, insulin allows the body to store glucose for future use. These metabolic activities keep your blood sugar level from getting too high (hyperglycemia) or too low (hypoglycemia). In diabetics, the pancreas does not function. This leads to excess sugar in the blood. Too much sugar in the blood can lead to serious health problems.

Diabetes can start at any age. Type 1 diabetes often starts during childhood or teen years. Type 2 diabetes is more common in people older than 40.

Potentially reversible diabetes conditions include prediabetes and gestational diabetes. Prediabetes happens when blood sugar levels are higher than normal but are not high enough to be called diabetes. Prediabetics can take steps to prevent the disease. Gestational diabetes happens during pregnancy.

Some of the symptoms of diabetes are thirst, urinating often, weight fluctuation, feeling tired, weak, or shaky, having mood changes, blurry vision, infections, such as gum, skin, vaginal infections and slow-healing sores. American Indians and Alaska Natives have higher rates diabetes

than any other US racial group.

The Native Diabetes Wellness Program is a Center for Disease Control program which honors AIAN cultural practices and western science. The Native Diabetes Wellness Program supports tribal efforts to reclaim traditional foods. If AIAN ate only the pre-Columbian diet, they would be far healthier, including less diabetes.

If you have diabetes, a healthy mouth is even more important. High blood sugar weakens white blood cells. These are your body's soldier-cells to fight infections.

If the sugar level is high in the blood, it is high in the saliva, too. Bacteria which form plaque, a sticky film, use sugar as food. These bacteria can cause tooth decay and gum disease. Both conditions can lead to tooth loss.

Lots of fresh fruits and vegetables are recommended for diabetics. Tooth loss makes it difficult to chew and digest fresh fruits and vegetables. Without healthy teeth, diabetics tend to eat soft, processed food. These foods, which are high in carbohydrates, cause dangerous plaque, which leads to more dental disease. Dental disease itself can cause insulin levels to fluctuate. This unhealthy cycle can spiral out of control, making diabetes harder to manage.

Here is a quick look at how diabetes can take its toll on your oral health:

- Less saliva causes a dry mouth.
- The gums may become inflamed and bleed often.
- Loose teeth.
- Infections and sores in the

mouth can take longer to heal.

— Pain

Regular dental visits are important to keep your mouth healthy and happy. Here are a few more important tips:

- Brush your teeth at least twice a day with fluoride toothpaste.
 - Floss your teeth at least once a day.
 - Tell your dentist if you have diabetes.
 - If you smoke, quit. Smoking increases your risk of gum disease and can worsen your diabetes.
- When you have diabetes, high blood sugar can take a toll on your entire body — including your teeth and gums. The good news? Prevention is in your hands. Take charge of your dental health.

2022 Children's Christmas parties information

Unit III children's Christmas drive-thru Dec. 4

St. Ignace drive-thru kids Christmas party, Dec. 4 at the Kewadin Shores Casino 5 to 8 p.m.

This is an outdoor event and is drive-thru only. There will be special guests and treats.

For questions, contact Unit III Directors Bridgett Sorenson (906) 430-0536, or Shawn Borowicz (906) 379-8511.

Unit I Sault children's Christmas drive-thru Dec. 5-6

Chippewa Indians children's drive-thru Christmas party for ages 0-12 at the Big Bear Arena, 2 Ice Circle in Sault Ste. Marie: Dec. 5, 4:30 to 6:30 p.m. for head of households with last names starting with A-L.

Dec. 6, 4:30 to 6:30 p.m. for head of households with last names starting with M-Z.

Fill out the form below (see link) for each child in the household.

Sault Tribe Unit I Children Christmas Party 2022 form: <https://forms.gle/>

EELHUSIFTEZ4VGsAA

Unit V children's Christmas drive-thru Dec. 11

Unit V tribal children's drive-thru Christmas party Dec. 11, 12 to 2 p.m., Youth Education Building, N6379 Atmik Ameg Dr. in Wetmore. Ages birth to 13 years.

Sign up before Nov. 23. Call Jenn Meyer at (906) 450-5246.

Newberry Unit II kids Christmas party Dec. 14

Dec. 14 at 5:30 p.m. Location: Basement of the Luce Co. Health Dept., 14150

Hamilton Lake Rd. in Newberry Please call (906) 293-8181 by Nov. 30 to register tribal kids ages 14 and under.

Special guest: SANTA Kids must be accompanied by an adult.

Hessel Unit II kids Christmas Party Dec. 17

Dec. 17 at 12 p.m. Location: Hessel Tribal Center Please contact Kara to register, (906) 484-2298.

Unit IV Sault Tribe children's Christmas parties Dec. 17-18 You are invited to either

Christmas party.

Sit down traditional Christmas party, Saturday, Dec. 17, 12-3 p.m.

Location: Manistique Tribal Health Center, 5698W US Highway 2, Manistique, MI 49854

OR drive-through Christmas party, Sunday, Dec. 18, 12-3 p.m.

Location: Escanaba YEA, on Escanaba Tribal Housing Site, 1226 Wigob, Escanaba, MI 49829 Must pre-register your child by Dec. 2 at 5 p.m.

Text or call Kimberly Hampton at (906) 440-8138.

Saturdays * December 3 -24 * All Sites

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RESTAURANT SPECIAL

DreamCatchers Restaurant | December

Butternut Squash Ravioli – Ravioli filled with butternut squash, cheese and warm spices. Drizzled with brown butter and apple cider sauce; topped with bacon, sage, maple-glazed pecans, crumbled gorgonzola and balsamic reduction. Served with toasted cranberry walnut bread.

SUNDAY FOOTBALL

Manistique | Sundays

Snacks, Drink Specials, Prizes, Football!

SPIN TO WIN

Sault Ste. Marie | January 20 - 22

Win Your Share Of Up To \$15,000 CASH/Bous Points!

MEGA BINGO

Sault Ste. Marie DreamMakers Theater | February 18, 12 p.m.

See the Northern Rewards Club Booth for all registration and Mega Bingo information.

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Kewadin gift cards can be used at all Kewadin Casinos hotels, restaurants and gift shops.

Point requirements for all promotions. See Northern Rewards Club to register and for more details.

Tribal Youth Council Leadership Conference held



Robert McRorie presented an eagle feather, one he had received in his youth, to a Youth Council member.



Michelle Leask and Josie Fegan set up a social and emotional learning booth on behalf of the Intertribal Council of Michigan.



The Tribal Youth Council Leadership Conference was held on Nov. 5 at the Kewadin Casino in Sault Ste. Marie, Mich.

Photos by Scott Brand

September resolutions as approved by tribal board

Meetings of the Sault Tribe Board of Directors were held Sept. 13, 20 and 27, 2022, in Sault Ste. Marie at the Kewadin Casino Hotel and Convention Center.

September 13

Resolution 237: Directing the tribe's CFO, executive director, and general counsel to develop a plan to insulate the tribe's assets from outside judgments — Approved for the development within 30 days of being adopted of a plan to make the tribe's assets judgment proof as much as possible. This includes cash deposited and held in the tribe's bank accounts.

#238: Declaring chair seat vacant — The appointment of D.J. Hoffman on June 27 was deemed invalid and the chair seat was declared vacant.

September 20

#239: FY 2023, budget document 002 (No Health Division) — Approved for a total of \$12,459,758, of which \$1,422,494 comes from Tribal Support.

#240: Continuing Funding Authority, Health Division FY 2023, Schedule B budgets, October through September — Approved continuing funding for FY 2023 at their 2022 spending levels, for a period not to exceed 90 days.

#241: Judicial services FY 2022 budget modification — Approved for an increase of federal Bureau of Indian Affairs monies of \$61,605.

#242: Emergency Preparedness, Establishment of

FY 2022 Budget — Approved with state of Michigan monies of \$13,952.

#243: Health Sault Housekeeping/Maintenance, and third-party revenue, FY 2022 budget modifications — Approved for an increase of a transfer out of \$14,350.88.

#244: COVID-19 vaccine clinics and third-party revenue FY 2022 budget modifications — Approved for an increase of the transfer out of \$2,393.54.

#245: Health Sault Walk-In Clinic and Third-Party Revenue FY 2022 Budget Modifications — Approved for an increase in third-party revenue monies of \$182,621.86.

#246: Eagle Lending Gitchi Enterprises Relocation/Expansion — The board authorized Eagle Lending to loan \$500,000 to Gitchi Enterprises, at a rate of 4 percent for 20 years for the purpose of relocating Gitchi Operations to 3 Mile Road, including infrastructure, parking lot and set up of an office/manufactured home.

#247: Lease modification to remove lessee — Approved.

#248: Approve Contract Award and Federal Funds for Sault Tribe USDA Reconnect Broadband Consultant Project 2022 — Approved with an authorization up to \$80,000 from ARPA funding, and approving an administrative budget modification.

#249: Acceptance, 2023 Indian Housing Plan — Approved as presented and requesting funding from the U.S. Department of Housing and Urban Development.

#250: Support for Museum and Cultural Center on Alcatraz — Approved.

#251: Amending Indigenous Peoples Day — The board supported the change of Columbus Day (Second Monday of October) to be known in the future as Indigenous Peoples Day and will now be recognized as a paid holiday for governmental and EDC staff, effective Oct. 10, 2022.

#252: Acceptance of the 2021 Governmental Audit — Approved.

#253: Authorization to negotiate Marquette, Mich., property acquisition — The board authorized negotiation to purchase the property and business located at 301 W. Fair Avenue, Marquette, Mich., using funds from the MidJims and tribal enterprises.

#254: Authorization to Construct Billboards, Sault Ste. Marie, Mich. — The board authorized funds of up to \$54,000 to construct up to eight billboard faces on designated properties.

#255: Pamela Cable Gershon Memorial Scholarship — The board supported funding the Pamela Cable Gershon Scholarship in the amount of \$1,000 from the Sault Tribe Golf Scholarship Fund, using previously established scholarship criteria.

#256: George K. Nolan Scholarship — The board supported funding the George K. Nolan

Nolan Scholarship in the amount of \$1,000 from the Sault Tribe Golf Scholarship Fund, using previously established scholarship criteria.

#257: Michigan Indian Elders Association Tribal Elder Delegate Appointments — The board approved the appointments of Lou Anne Bush of Sault Ste. Marie and Dianne Compo of Brimley as delegates, and Anita Nelson of Munising as the alternate delegate representing the elders of the Sault Ste. Marie Tribe of Chippewa Indians, expiring in December 2022.

September 27

#258: Approving Amendments to Tribal Code Chapter 70: Criminal Procedure, and Tribal Code Chapter 71: Criminal Offenses to Implement the Expanded Terms of the Violence Against Women Act — The board approved the amendments to Tribal Code Chapter 70 and 71, to implement the tribe's expanded jurisdiction over the criminal offenses provided in the Violence Against Women Act.

#259: Contract approval, Meritain Health (an Aetna Company) and Delta Dental — Approved for a period of two years with an effective date of Jan. 1, 2023.

#260: Amending Resolution 2005-130, Employee/Employer

Health Insurance Premium Division, Employees Who Make Under \$40,000 Annually — The board approved an amendment to Resolution 2005-130, and authorized the Insurance Department to amend the employer's portion of health insurance premiums to increase the annual wage division point such that reduced rates will be available for those people with wages under \$40,000 annually. The division of employees by pay rate was last set by resolution in 2005, with lower rates for those making under \$30,000 per year; since that time, wages, along with the cost of living and inflation has gone up, with this adjustment health insurance premiums will be lower for a greater number of tribal employees.

#261: Approving Amendments to Vision Benefits — The tribe currently provides vision insurance and benefits to its employees administered in two-year periods and has determined it is in the tribe's best interests to amend the current employee vision benefit plan, including a change for the vision benefit plan to be administered in one-year periods. The board approved amendments to the vision insurance and benefit plan for tribal employees, including the new Vision Schedule of Benefits.

To view resolutions in their entirety, visit saulttribe.com.

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Anishinaabemowin 2022

When you arise in the morning give thanks for the food and for the joy of living.
If you see no reason for giving thanks, the fault lies only in yourself. — *Tecumseh*

N'miigwechendam I am thankful for...

ni-mii-gwech-en-dam

G'miigwechendam We are thankful for...

gi-mii-gwech-en-dam-i

Try changing all of the "I" thoughts to "We."

N'miigwechendam *noodin miinwaa nbiish biinaagook.*

I am thankful for **clean air and water.**

N'miigwechendam *debse miijim.*

I am thankful for **enough food.**

N'miigwechendam *n'wiyaw.*

I am thankful for **my body.**

N'miigwechendam *giizho-gwiwinan.*

I am thankful for **warm clothes.**

N'miigwechendam *kina mino bmaadizijig gkendmaawaad.*

I am thankful for **all the good people in my life.**

N'miigwechendam *Anishinaabemowin miinwaa anishinaabe aadizwin.*

I am thankful for **our language and our culture.**

N'miigwechendam *wii naagado'endamaa miinwaa kinomaago'aanh.*

I am thankful for **my mind and that I am a learner.**

N'miigwechendam *maajii'aanh miinwaa nokiiyaanh.*

I am thankful **I can move and work.**

N'miigwechendam *technology wenjiishin n'bmaadziwin.*

I am thankful for **technology that can make my life better.**

(indoor plumbing, insulation, washers and dryers, electricity, printing, medical materials and equipment, modern media and communications)

It's OK to use English words when we are speaking in Anishinaabemowin. Why not get comfortable using "N'miigwechendam," then saying in English what you're thankful for?

Pronunciation?? Like last few months, you'll find these words pronounced at this FaceBook link:

www.facebook.com/SaultTribeLanguageAndCulture.

The words in the calendar on the page facing this one are there too. Or you can use the guide below!

Making our Sounds Most letters sound like in English.

Here are the exceptions.

aa sounds like the a in *awesome* **a** sounds like the a in *about*

ii sounds like the e in *be* **i** sounds like the i in *dip*

oo sounds like the o in *go* **o** sounds like the oo's in *book*

e sounds like the e in *Ed* **g** sounds only like it does in *go*

We underlined the syllables that get the emphasis.

Pronounce all the letters. Big deal: "nh" has **NO SOUND** of its own.

It's a sign to say the vowels just before it in a nasal way - as if you had a stuffed up nose from a cold.



Mishka'odin Giizis

Frozen Moon

by Susan Askwith

From James Vukelich (see YouTube) Word of the Day

Miigwech is a word that says "that's enough, we're finished," spoken at the end of a trading exchange.

Now we use **Miigwech** to say *thank you*. That idea probably came to us from Europeans. Like a number of Indigenous peoples, *we had no word for thank you*. When someone is in need, it is part of our duty as a human being to help. The Seven Grandfather teachings guided us in *how* to be helpful. There was no expectation of response, like "thank you," from the one in need; just quiet, respectful appreciation.

G'wii taage na?

Do you want to play a game?



Roll two dice. Then either add or subtract those two numbers. Find one of your answers on the grid below. Put your initials (or symbol) on that square. Then the next player has a turn. The first to get four boxes in a row in any direction, wins.

4	2	10	9	12	7
12	6	5	2	10	1
11	7	4	8	3	8
3	6	9	12	5	3
1	7	9	6	10	4
6	2	11	5	8	1

N'miigwechendam Scavenger Hunt!!

- ___ Find something that's your favorite color.
- ___ Find something that makes you feel safe.
- ___ Find something that smells good.
- ___ Find something outside that you like.
- ___ Find something that taste's good.
- ___ Find something that makes you smile.
- ___ Find someone you can help today.
- ___ Name something you're proud of.
- ___ Name an activity you love to do.
- ___ Name a good thing about you!

What did the pumpkin say after thanks-giving?
(*Good pie, everyone!*)

What is the cutest season of the year?
(*Awwwwtumn*)

Why did the farmer enter the cider contest?
(*He loved all the apple-ause.*)

What does a clock do when it's really hungry?
(*It goes back for seconds.*)

What is the opposite of November?
(*Yes-venber*)

Why was the turkey in jail?
(*fowl play*)

What is the musical part of a turkey?
(*the drumstick*)





Traditional staff and volunteers made 8 gallons of minigan, a traditional salve, before the onset of winter. Above, Volunteer Bud Biron, Traditional Medicine Supervisor Lori Gambardella, and volunteers Grey Shea and Bernice Biron (L-R).



Traditional Medicine staff Traditional Healer Gerard Sagassige, Lori Gambardella, Traditional Healer George Goggleye, and Traditional Healer Assistant Bree Hissong (L-R).



Above, 8 gallons of minigan to hand out to Traditional Medicine clients.



Gambardella strains the medicine.

Save the Date

Join Sault Tribe Language & Culture for our
Nimkodaading Jiingtamok
(New Year's Sobriety Powwow)

December 31st, 2022

3:00pm - 1:00am EST

Chi Mukwa Arena
2 Ice Circle, Sault Ste. Marie, MI

Feast, dancer honorariums, spot dances, and giveaways. More details to come!

Welcoming 2023!

Questions? Contact the Sault Tribe Language & Culture Division at 906-632-6050

2023

Sault Tribe Traditional Medicine Program's

Women's Full Moon Ceremony

Wednesday, December 7th

Social Time 5:30 to 6:00

Ceremony starts at 6:00

Located at the Nigaanigiizhik Ceremonial Building (11 Ice Circle Drive)

Please bring a copper cup or drinking vessel and skirt if available to ceremony

Women on their moon time may attend (offerings can be made on your behalf)

Please contact Lori, Bree, or Katrina with any questions
Masks are recommended
906-632-0236 or 906-632-5268
Chi'Miigwech

Sault Tribe Traditional Medicine Program

GEORGE GOGGLEYE

2022 December Healer Clinic Hours

December 1, 7, 8, 14, 15, 21, 22, 28, 29
Sault Ste. Marie Health Center
(906)632-0236 Lori Gambardella

Friday, December 2nd
Munising Health Center *
(906)387-4721 or (800)236-4705

Friday, December 9th
St. Ignace Health Center
(906)643-8689 or (877)256-0135

Friday, December 16th
Hessel Community Center
(906)484-2727

Friday, December 30th
Manistique Health Center
(906)341-8469 or (866) 401-0043

Any Questions, or to book an appointment Please Call Traditional Medicine Program at 906-632-0236 or 906-632-5268

Sault Tribe Traditional Medicine Program

GERARD SAGASSIGE

2022 December Healer Clinic Hours

December 6, 12, 13, 19, 20, 27
Sault Ste. Marie Health Center
(906)632-0236 Lori Gambardella

Wednesday, December 7th
Manistique Health Center
(906)341-8469 or (866) 401-0043 *

Wednesday, December 14th
Munising Health Center
(906)387-4721 or (800)236-4705

Wednesday, December 21st
St. Ignace Health Center
(906)643-8689 or (877)256-0135

Wednesday, December 28th
* Newberry
(906)293-8181

Any Questions, or to book an appointment Please Call Traditional Medicine Program at 906-632-0236 or 906-632-5268

MANIDOO GIIZOONHS - LITTLE SPIRIT MOON - DECEMBER 2022

NIIZHWAASO GIIZHIGAT	NTAM GIIZHIGAT	NIIZHO GIIZHIGAT	NSWO GIIZHIGAT	NIIWO GIIZHIGAT	NAANO GIIZHIGAT	NGODWAASWO GIIZHIGAT
				1 jiggigaaneshiinh (chickadee)	2 n'di nawe-maaganidoog (my relatives)	3 Gwawaan mitig. (S/he is cutting down a tree.)
4 segaajiganan (decorations)	5 Niibaanamaa mitig (Christmas tree)	6 aagamag (snowshoes)	7 Mooshkaneshin Dibiki Giizis (It is a full moon.)	8 ishkode daabaanens (little train)	9 daminawaagan (doll)	10 bkwaakat (ball)
11 ziisbaakadoonhs skowin (candy cane)	12 bkwezhigaanhsag (cookies)	13 wiigwebjibjigan mazinigan (wrapping paper)	14 aankoosenh (sled [something linked to another thing])	15 dewe'gan gwiizenhs (little drummer boy)	16 nagamwinan (songs)	17 shkabijigaanhs (little packages)
18 Niibaanamaa mdaasan (christmas stockings)	19 zhooshkwaade daaban (sleigh)	20 aazheniinhsag (little angels)	21 Ntam Biboon (First day of winter)	22 zhengwenhsan (jingle bells)	23 Mino Niibaanamaan. (Have a Merry Christmas.)	24 Gichi-miigwet (Santa Claus [one who gives greatly])
25 Niibaanamaam. (It is Christmas.)	26 Niibaanamaa waaskonenjiganan (Christmas lights)	27 zigaabiiginige waawaashkesh (reindeer [leashed deer])	28 maagweng (gift [something you are given])	29 Niibaanamaa goojigan (mistletoe)	30 N'biingech! (I am cold!)	31 Weweni baamasen. (Walk in a good way.)

From the Hollywood Hills to Big Sky Country

BY SCOTT BRAND

The prequel to *Yellowstone* and sequel to *1883*, two wildly popular series that have engaged viewers, is scheduled to begin airing on Paramount+ in December and a member of the Sault Ste. Marie Tribe of Chippewa Indians has played a pivotal role, albeit not on screen, in the upcoming series, *1923*.

“On my current job, I travel back and forth between Montana and Los Angeles,” said Samantha Pavlat of the hectic schedule she had faced in helping to bring this new production to life. “I’m an assistant costume designer.”

This particular job, Pavlat explained, carries multiple levels of responsibility. Initially, there was a tremendous amount of research to insure all of the costumes represent what would have been worn by the people who lived in the 1920s. It’s not just trying to replicate the look, Pavlat added, but going so far as to make them with the fabric of that era.

“It involved a lot of research on what they wore back then,” she said.



A YELLOWSTONE ORIGIN STORY

Once locking in on the appropriate designs and materials the department, consisting of approximately 40 people, goes to work to replicate the clothing, hats and accessories sported by those who lived a century ago. After the costumes are established — for each cast member and the extras who will appear in the background — measurements need to be taken.

“We need to make sure they fit,” said Pavlat, “and that they are worn correctly. That is a huge part of the job.”

Pavlat has helped to fit some of the biggest stars of our era.

She worked on the set of *A Star is Born*, dressing Lady Gaga, and worked with the stylists for both Beyonce and Taylor Swift as they have prepared for music videos and award shows.

“She was very, very sweet,”

said Pavlat of her interactions with Taylor Swift. “When I worked with her I was like, ‘I get why people like her so much’.”

The *1923* set brought Pavlat in the presence of Oscar Award Winner Helen Mirren and perhaps the most notable individual to date.

“Harrison Ford was definitely the big one,” said Pavlat.

The 2005 Sault High graduate won a Jacqueline West Scholarship to the Fashion Institute of Art and Design and Merchandising in Los Angeles. This scholarship is awarded to a youth of Native American descent.

“I won the scholarship by writing an essay and forwarding designs,” recalls Pavlat of the doors that opened following her big break.

Some of her subsequent credits include *The Orville*, *A Quiet Place*, *Sleepy Hollow*, *Scream* and *All American Christmas Carol*, among others.

She seems exceptionally proud to be associated with the production of *1923*.

“We have Native advisors on



Samantha Pavlat takes in the beauty of Montana during a recent visit to a shooting location on the set of *1923*. The new series is scheduled to begin airing next month and will feature a wide range of historically accurate costumes from the era.

the crew,” she said of the importance of making sure the story lines are handled in a respectful manner. “They helped write the script.”

That same team is also facilitating the casting efforts to use Native American actors in critical

roles.

“It’s great to be a part of a show that is culturally sensitive,” she concluded.

Samantha is one of five sisters who grew up in Sault Ste. Marie.

She is the daughter of Danny Pavlat and Lucy Carrick.

Pet Tech Productions, Inc. books now available on Amazon

BY SCOTT BRAND

Will this work on my dog?

Those six words, posed to Thom Somes, proved to be a life-changing event prompting his conversion from training the traditional First Aid and CPR classes to an untapped field.

“The genesis started with the power of one question,” said The Pet Safety Guy and Co-Founder of Pet Tech Productions, Inc. recalling that pivotal 1994 day in San Diego, Calif. Somes explained things did not happen overnight. His wife, and Pet Tech Co-founder, Cindy Buzas, launched their company in 1997 creating the first international training center dedicated to CPR, First Aid and Care for dogs and cats.

The public response, from all appearances, has been phenomenal with more than 200,000 students in the United States and a half-dozen other countries completing this training over the last quarter century.

“We have more than 600 instructors,” said Thom, adding that he couldn’t possibly attend every seminar due to the demand and time constraints, “and we have the best training in the world.”

As the years ticked by, Somes and Buzas determined that preparing folks for emergency response was beneficial, but a proactive approach complete with weekly “snout to tail” examinations would be a highly effective way to track potential risks even before a crisis occurred. With the recent publication of two books earlier this year, Pet Tech has developed another critical tool to help pet owners monitor the health of their beloved animals.

“We decided it was time to have an actual pet health assessment,” said Cindy of the hands-on effort to monitor vital signs — heartbeat, breathing, and temperature — and a host of other proactive measures. “They should also be keeping track of that, knowing

these little things can be signs of what is going on with your pet.”

“We teach pet lovers how to care for their pets in emergency and in health so they have a happier, healthier and longer relationship with their furry four-legged, family members,” added Thom.

The books, one for dogs and the second for cats, provide the proper instruction in how to assess the health of your animal and a worksheet to record that information. Additional pages are dedicated for records of vet visits, surgeries, important milestones and special moments.

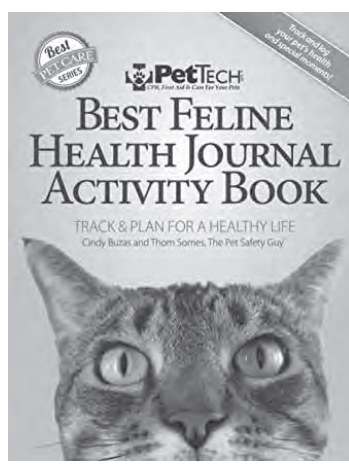
Thom has strong ties to the Eastern Upper Peninsula saying his grandmother was a member of the Sault Tribe of Chippewa Indians and his father was born here. Thom, however, became the first member of the Somes

family to be born in the Lower Peninsula. He does remember frequently returning to the Sault to visit the family who remained throughout his childhood and boasted that a cousin was once selected queen of the I-500 Snowmobile Race.

“I really believe that it is my Indian heritage that fuels my passion and compassion for helping animals,” concluded Thom.

The couple have two sons and share their home with two dogs, Tandoori, an English Springer Spaniel and Cheerio, a Chihuahua mix and a feline friend — Keanu — identified as the Pet Tech Office cat.

The *Best Canine Health Journal Activity Book* and *Best Feline Health Journal Activity Book* are both available on Amazon.



This photogenic duo were selected to grace the covers of the Pet Tech Productions, Inc. publication presumably after a quick search of the immediate area. On the left, is Tandoori and Keanu appears on the right. The animals are the beloved pets of Buzas and Somes.

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Cindy Buzas and Thom Somes, Co-Founders of Pet Tech Productions, Inc. have published two new books designed to help pet owners monitor the health of their animals.

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Todd Olmstead new business manager of Gitchi Enterprises

BY BRENDA AUSTIN

Todd Olmstead has been hired as the business manager of Gitchi Enterprises. Currently located on Shunk Road on the Sault Tribe reservation, Gitchi Enterprises sells affordable used cars, Fairmont and Champion mobile and modular homes, locally made Amish sheds, scooters and an occasional tractor and snowmobile.

Olmstead was first hired by the tribe in 2003 in the Purchasing Department. He also worked as the convention sales manager for Kewadin Casinos for over 13 years. In November 2016 he switched things up a bit and took a job as a catering manager for a food service company that supplies Lake Superior State University. He did that for nine months and was approached by Sysco - the world's global food-service leader - and was offered a job as a route representative for the western EUP, the Sault area and to Cedarville, Paradise and Newberry. He was there through March 27, 2020, when Sysco cut their workforce back due to COVID.

Olmstead also has extensive experience in the vehicle sales business and said he loves working in that industry and meeting new people.

Other Gitchi staff include Sales Associate Justin Bury, who has been there four years, and new hire Matt Taylor, Sault Tribe maintenance specialist with motor pool.

Olmstead said their sales staff do not work on a commission basis, and love offering no-pressure individualized budget-friendly service to their clients.

"Despite what is sometimes said on social media, our used vehicles are all bought in the state of Michigan and have never been in floods. Each vehicle is pre-selected and once purchased by Gitchi anything that needs fixed, gets fixed by local mechanics and the tribe's motor pool mechanics. With about 15 vehicles on the

lot at any given time, Olmstead said, "We do a good job of fixing them before you get them. If we buy a vehicle from a dealership at wholesale it's because they don't want to put the effort into fixing it before they sell it. There might be more than one thing wrong with it and we fix all the issues, clean it and then put it on the lot and on the website for sale."

Bury has been selling cars for about 10 years. He lives in Cheboygan and spends the weeks in the Sault working for Gitchi. In addition to helping clients find a budget friendly vehicle or home, and sometimes a scooter, he also scouts for good buys, purchases vehicles and arranges for their delivery and any mechanical work.

Bury said, "I don't think anyone has ever left here with a bad taste. You can backcheck and look at everything we have on the lot and see where it came from. You can also purchase a warranty at cost with zero markup. Gitchi makes nothing on the warranty's they offer for sale."

Olmstead said, "When I first started working for Purchasing in March of 2003, I wanted to get into an enterprise business with the tribe with a focus on selling cars. We needed to have something different to generate income. Where I am sitting right now in my office at Gitchi was my vision in March and April of 2003. I remember getting gas at MidJim one day when I was working for Sysco, and I looked over my shoulder and saw this building sitting here with cars sitting out front. I hadn't heard anything about it yet, but decided I wanted to work there.

"We are growing and expanding and are the tribe's future," he said. "What we can do for the tribe on the enterprise side is unlimited."

Gitchi Enterprises will be relocating sometime in 2023, to 220 W. 3 Mile Rd. in the Sault, just east of Lume Cannabis Dispensary and the west of

Fernelius Hyundai. "The location there is amazing in-between three great car dealerships. We won't be competing with the same customers they have, we will be the more budget friendly option," Olmstead said.

Gitchi's new office will be a 2023 Fairmont Home that Olmstead and Bury will be able to showcase to their customers. Olmstead said he would like to be open in their new location by Mother's Day.

There is a billboard located on the future home of Gitchi that will soon be featuring their upcoming move. He is also hoping to feature Gitchi on a billboard located in front of the Sault Tribe Health Center. For now, you can visit Todd and Justin at Gitchi Auto Home & RV Sales located at 2270 Shunk Rd. on the Sault Tribe reservation and near Kewadin Casino.

If you are in the market for a modular or mobile home, you can



Gitchi Enterprises Business Manager, Todd Olmstead, inside the Fairmont mobile home they use as an office and model showroom of what is available from Fairmont Homes.

view models and floor plans at Fairmont.com. You can also visit

Gitchi online at: <https://gitchiauto.com>, or call (906) 203-4491.



Gitchi Business Manager Todd Olmstead, Matt Taylor, Sault Tribe maintenance specialist with Motor Pool, and Sales Associate Justin Bury.

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Sault Tribe celebrates 50 years of federal recognition

BY BRENDA AUSTIN

Fifty years ago on Sept. 7, 1972, after decades of work by area Anishinaabe, the Sault Ste. Marie Tribe of Chippewa Indians was granted federal recognition.

On Dec. 24, 1953, the “Original Bands of Chippewa Indians and Their Heirs” was organized.

The federal government had recently changed its policy toward Indian tribes with the passage of the Indian Reorganization Act, which encouraged tribes to reorganize their traditional economies and communities into self-governing nations.

Federal recognition took more than 20 years to complete. In the early 1970s, the leaders of the Original Bands of Chippewa Indians traveled to Washington and successfully submitted their historical findings and legal argument to the Secretary of the Interior, who granted the tribe federal status in 1972.

The Original Bands then became the Sault Ste. Marie Tribe of Chippewa Indians. Land was taken into trust in March 1974 and Sault Tribe members adopted the tribe’s Constitution in the fall of 1975.

Two years after gaining federal recognition, in March 1974, *Bawating Briefs* was published by the second hour Indian Studies class at Sault Area High School.

Advisors for that first newsletter were Ms. Peterson and Mr. Robert “Bob” VanAlstine.

VanAlstine, worked as acting education programs administrator for the Bureau of Indian Affairs-Minneapolis Area, as education programs officer and career development officer for the Bureau of Indian Affairs-Michigan Agency, as a teacher, a counselor and as coordinator-Title IV-A Indian Education Programs at Sault Ste. Marie Area Public Schools, and as adjunct instructor at Lake Superior State University and Bay Mills Community College.

He was a member of the Sault Ste. Marie Tribe of Chippewa Indians, a longtime member of the National Indian Education Association, the Sault Alternative High School Advisory Board, the Planning Committee for the Michigan Education Association Critical Issues in Indian Education Annual Conference, ex-officio member of the Bay Mills College Board of Regents, member of Lake Superior State University Critical Planning Committee for Native American Programs, served as External Evaluator-Sault School USDOE Title V-C Project, as well as serving on and/or chairing many other committees and boards. He was also the recipient of Northern Michigan University’s first Distinguished Native American Alumni Award and the Sault Ste. Marie Tribe’s Distinguished Tribal Member/Educator-Resolution of Appreciation.

The tribe and its members have seen tremendous growth since 1974, when that first newsletter was put to print. Here is a look back at some of its contents.

The announcement of the second annual Bawating Days, now the annual Sault Tribe Powwow, was made, and organiz-

ers of that event included Audrey Ailing, Jane Homminga, Bernard Bouschor, Robert and Diane Hinmon, Beverly Bouschor, Rosemary Gaskin, Bill Mastaw, Rose LaVictor and Mike Wright.

On the educational front, an Indian Education meeting was held in DeTour Village to discuss the possibility of establishing an Indian studies program and services under the new Title I, Indian Education Act. Mr. Malmberg and Ms. Peterson of Sault Area Schools assisted the committee with a proposal to submit for federal funding. At that time, it was estimated there were about 120 students in the DeTour/Drummond Island School system “of Indian descent with 1/16 or more blood quantum.”

From across the river, there was a dispute on the Garden River Reserve: Department of Indian Affairs officials were negotiating with representatives of the Garden River Indian Reserve, near Sault Ste. Marie, Ontario, in order to settle a dispute over curtailment of the Department’s supplementary lunch program for school children. Lunch allowances were discontinued for Indian children on Jan. 31, 1974, when the Department announced it had exhausted its funds for the program.

The Reserve, which had about 125 students in the Sault Canadian schools, reacted in protest, which resulted in mass school absenteeism and picketing of the Department’s branch office at the Dominion building on Queen St. in Sault Ste. Marie, Ontario.

A possible new ferry run between the U.P. and Canada was discussed: The feasibility of an Eastern U.P. to Manitoulin Island ferry run was discussed. John Lane, a member of the Ontario Provisional Parliament met with Senator Robert Davis and the Les Cheneaux Chamber of Commerce committee to discuss the proposal.

The plan had been discussed prior to their meeting in 1974, but dropped because no boat was available. The proposed ferry

route had since gained considerable strength and Lane said he had a verbal promise of a boat by July 1, if a ferry run could be worked out.

DeTour Village held the spot as the most likely site for the Michigan side of the run, with a Les Cheneaux location being a remote possibility. The DeTour-Meldrum ferry run would take approximately three hours and cover a distance of 30-35 miles. The proposal passed and was slated to be tried for two months that summer.

On March 6, 1974, members of Neganegzhic Youth Club performed native dances for students at Malcolm Elementary School. Neganegzhic Youth Club was organized in mid-October of 1974 with the hopes of bringing back Indian traditions and culture to the Sault area. Lead dancers for the Malcolm event were: Jack Pelletier and Janice Willis. Other dancers included Frank Buswa, Cliff and Glenn Pelletier, Alvin Abraham, Lloyd and Lora Bouschor, Ben, Roberta and Rhonda Hinmon, Cathy Homminga and Tina Dines.

Much more was printed in that first newsletter, from an article on Indian religion and the Midewiwin (Grand Medicine Society), to an Ojibwe legend on Nanabozho and Mandomin. The introduction of American Indian rock, a blending of traditional Indian music with rock and roll by a group of young Indians from New Mexico. That was followed by recipes, poetry and a language lesson.

Here are a few of the recipes printed in that old paper, perfect for your fall and winter dinner table.

Indian corn casserole

3 eggs
½ tsp. sugar
1 ½ cups grated cheese
2 cans whole kernel corn, drained
1 tsp. salt
½ tsp. pepper
10 strips bacon, cooked crisp, crumbled

In a small bowl, using an electric mixer, beat eggs until light and fluffy. Mix flour with sugar

and gradually beat in eggs. Stir in cheese, corn, salt, pepper, and about three quarters of the bacon. Turn into a buttered 11x7.5-inch pan. Top with remaining bacon, bake at 350 degrees for about 25 minutes, or until set. Serves 8.

Indian fry bread

4 cups flour
1 tsp. baking powder
¾ cup powdered milk
1 tsp. salt
2 to 2-1/2 cups warm milk
Lard for deep frying

Mix the dry ingredients and add warm water to form a soft

dough. Put aside for two or three hours. Then knead for a minute and roll out on a floured board, cut into individual pieces and fry until brown. One or two large loaves of bread can also be made with the dough by pinching the dough into shape, slashing the top and frying it.

And for a snack:

Popped wild rice

Put small amount of unwashed rice (top quality, new crop) into sieve. Place in deep, hot fat (400) until rice is popped. Drain on paper towels. Sprinkle with salt.

Cody Mayer elected mayor of Marquette

Sault Tribe citizen and Marquette City Commissioner Cody Mayer was elected mayor of Marquette by the city commission at its Nov. 14 meeting. He is the first tribal member to serve as Marquette’s mayor, and, at 25, the youngest mayor in the city’s history.

Mayer said, “Every mayor does things differently; I intend to be a fair, transparent, and active mayor.”

Sault Tribe Unit V Director Tyler LaPlaut said, “This is a great day for the Sault Tribe to see our population represented for the first time in local government. Congratulations to Cody Mayer on this amazing accomplishment. I look forward to strengthening our government-to-government relationship with Mayor Mayer and the



Marquette City Commission. It makes me proud as both a Sault Tribe citizen and citizen of the Marquette community to see our people represented by such a strong young leader. I look forward to our future collaborations.”

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Lockhart selected as member for new cohort

FROM SAULT TRIBE THRIVE

The Native American Agriculture Fund (NAAF) and the Cooperative Development Foundation (CDF) are proud to announce the selection of Sault Tribe member David Lockhart as a member of its newest cohort. The cohort will work to develop community-building tools and methods to launch cooperatives and collectives that meet the needs of present-day Native families, communities, and nations. The project is funded through contributions of the NAAF and CDF, with project management provided by collaborators, the Minnesota Indigenous Business Alliance (MNIBA), Co-operatives First, and the Coady International Institute.

The cohort is comprised of citizens of the Oneida and Navajo Nations, Hopi Tribe, Umaha Nation, Bad River Tribe, Confederated Tribes of Warm Springs, Confederated Tribes of Umatilla Indian Reservation, Fort Peck Tribes, Sault Ste. Marie Tribe of Chippewa Indians, and the Sustainable Economics Law Center.

Cooperatives are member-owned, democratically controlled business enterprises. One of the main goals of cooperatives is economic inclusion. They are formed to help small players gain parity with large investor-owned competitors, to address market failures where neither the private sector nor the government provides a needed service, or to give consumers a deliberate choice of enterprise to better meet their common needs and aspirations.

An Indigenous cooperative is an organization that incorporates Indigenous language, cultural life-ways and values into its long-term strategy and day-to-day operations and is owned and controlled by a cooperative council of Indigenous individuals or tribal nation. The new cohort will host a total of 10 training sessions over the course of the next few months in this phase of program development.

“Cooperatives are a great way for entrepreneurs and small business owners to work together to build collaborative and sustainable business models in underserved markets,” Lockhart said. “Incorporating Indigenous practices in economic development is imperative to building business relationships throughout Indian Country.”

Lockhart and his wife Matty own and operate home-based floral studio, Bloom Co., in Sault Ste. Marie, Mich.

For the past three years, Lockhart has served as the director of Business Development and program manager for the Sault Tribe Thrive program, a U.S. Department of Commerce, Minority Business Development Agency-funded AIANNH project, developing, coordinating, and conducting outreach to Sault Tribe citizen owned businesses. Sault Tribe Thrive provides needed marketing and advocacy for Sault Tribe businesses and facilitates training on the benefits for tribal member businesses to return to tribal trust land within the tribe’s service area.



Matty and David Lockhart

Lockhart was hired by the Sault Tribe EDC in 2019 after serving as internal auditor for the tribe. Throughout his 11-plus years with the tribe, he has fulfilled roles in Accounting, Marketing, and Human Resources.

Lockhart resides in Sault Ste. Marie with his wife Matty, and their three children, Donnivan, 15, Maebly, 9, and Ruby, 7.

Contact David Lockhart at dlockhart3@saulttribe.net or (906) 259-3118.

Sault Tribe Housing Department gathers for annual training and team building



Photo by Scott Brand

Sault Tribe Housing Department staff took a break from their training and team building exercises to pose for this photo at Kewadin Casino. The event was well attended with participants nearly exceeding capacity on both the up and downbound escalators.



JKL School 2022-2023 School Year

Job Openings

JKL Bahweting Anishnabe Public School Academy is accepting applications. JKL is a K-8 Michigan public charter school dedicated to outstanding educational experiences, serving approximately 600 students. JKL School

offers a comprehensive benefits package, including an 80 percent employer paid health premium, state retirement/pension, tuition reimbursement, PTO, sick time, life insurance, EAP services, and other optional insurances.

Positions

OJIBWE CULTURE AND LANGUAGE TEACHER — Starting Salary: \$40,392 (BA) and \$44,389 (MA) - Salary may be higher based on relevant teaching experience.

ANISHINAABE IZHITWAAWIN MIINAWAA ANISHINAABEMOWIN KINOOMAAGED — Starting Salary: \$40,392 (BA) and \$44,389 (MA) - Salary may be higher based on relevant teaching and coordinator experience.

SPECIAL EDUCATION TEACHER — Starting Salary: \$44,267 (BA) and \$48,264 (MA) - Salary may be higher based on relevant special education teaching experience.

ELEMENTARY TEACHER — Starting Salary: \$40,392 (BA) and \$44,389 (MA) - Salary may be higher based on relevant teaching experience.

MIDDLE SCHOOL SCIENCE TEACHER — Starting Salary: \$40,392 (BA) and \$44,389 (MA) - Salary may be higher based on relevant teaching experience.

SPECIAL EDUCATION SECRETARY — Starting Rate of Pay: \$15.91 per hour - Salary may be higher based on relevant secretarial/clerical experience.

TECHNOLOGY SUPPORT (IT) — Starting Rate of Pay: \$18.66 per hour - Salary may be higher based on relevant technology experience.

SUBSTITUTE SCHOOL BUS DRIVER — Starting Rate of Pay: \$18.50 per hour - Salary may be higher based on relevant school bus driver experience.

PLAYGROUND RECESS AIDE (PART TIME) — Starting Rate of Pay: \$12.57 per hour - Salary may be higher based on relevant experience.

APPLY ONLINE: JKL School website at www.jklschool.org

Employment listings will be under the School Information drop down. The application must include electronic versions of the following (if applicable): letter of interest, resume, copy of certificate, transcripts, and MTTC results. Only electronically filed applications that are com-

plete with all required documentation will be considered. Positions are Open Until Filled. For further information please contact JKL School Human Resources at (906) 635-5055 or email Regina Rolstone at rrolstone@jklschool.org.

Sault Tribe Law Enforcement and Conservation

BY ROBERT MARCHAND, CHIEF OF POLICE

Sault Tribe Law Enforcement (STLE) issues treaty hunting and fishing licenses to Sault Tribe members to be utilized within the boundaries of the 1836 Treaty Area. If members have any questions regarding these licenses, the criteria for obtaining them, or the regulations governing their use, please contact our office at (906) 635-6065.

Inland Hunting, Fishing, and Gathering

Sault Tribe Law Enforcement continues to receive calls and questions from members asking if they are required to report their deer on the state website according to the state of Michigan's new reporting requirement for state hunters. If you hold Sault Tribe's treaty licenses (bear, fishing, deer, etc.) you follow Sault Tribe's hunting and fishing laws. Chapter 21 and 23 regulate tribal members' Inland hunting, fishing, and gathering activity; Chapter 20 and CORA Code regulate tribal members' Great Lakes fishing. Just because the state changes a regulation does not automatically mean Sault Tribe has. The Sault Tribe Board of Directors are the governing body that approves



and amends tribal law.

If you are hunting on a non-tribal member's land, you would use our hunting tags, but you do have to abide by the state's seasons and methods of harvest. If you are hunting on tribal member-owned property, state or federal land (unless otherwise marked unallowable activity by the state or federal jurisdiction for all hunters), you follow all of our rules including seasons and methods of harvest.

Late deer season begins Nov. 15 and runs through the first full weekend in January, which falls on Sunday, Jan. 8, 2023. In late firearm deer season, you can harvest any remaining tags you have left.

We would like to remind our members that if you held a

2021 Inland non hunting harvest license or an Inland Hunting license, you are required to submit the annual harvest report prior to obtaining your 2022 licenses. These reports are required to be submitted regardless of activity during the 2021 hunting and fishing seasons.

Sault Tribe's small game season began Sept. 1, 2022, and runs through March 31, 2023. Fall turkey season ended Nov. 14, 2022.

If you have never held an Inland Harvest license with Sault Tribe, you are required to provide a copy of your tribal card along with proof of hunter safety if you want to engage in treaty hunting rights. STLE does administer a Youth Mentoring program that members under the age of 10 are able to participate in for a maximum period of two years; please note however that once the youth turn 10, they are no longer eligible for this program and will be required to provide proof of hunter safety. Please contact our office for more information as there are other requirements to participate.

Chapter 21 of the Tribal Code regulates Inland licenses. Please remember that if you are using this license for fishing

purposes, you are only authorized to fish inland lakes and streams within the boundaries of the 1836 Treaty Area. There are some exceptions on specific bodies of water that you can find more information about in the Tribal Code. All chapters of the Tribal Code may be found online at saulttribe.com— select Government at the top, select Tribal Code from the drop-down list and choose Chapter 21 for Inland rules and regulations.

Great Lakes Fishing and Subsistence/Netting and Commercial

Commercial licenses — captains and helpers — still have the requirement to schedule an appointment with STLE in order to renew each year. It is required that helpers and captains call to schedule their own appointments. STLE has to obtain specific personal information each year that only the member themselves can provide.

If you hold a subsistence license or subsistence gill netting licenses, please remember that you are required to turn in a monthly catch report by the 10th of each month. These reports are required whether you catch any fish or get out to fish. If you fax in your reports, please make sure

to call STLE about 10-15 minutes after you faxed it to ensure we received it.

Please remember that these licenses are valid only on the Great Lakes within the boundaries of Sault Tribe's 1836 Treaty Area. Chapter 20 of the Tribal Code and CORA code regulate both subsistence and netting licenses. Both sets of regulations may be found online at saulttribe.com — select Government at the top, select Tribal Code from the drop-down list, and choose either Chapter 20 or CORA code for Great Lakes rules and regulations.

As a reminder, you are authorized to recreationally fish in the Great Lakes within the boundaries of our 1836 Treaty Area with just your tribal membership card as long as you follow state of Michigan rules for the activity.

Members are encouraged to educate themselves on the various rules governing our treaty rights; however, STLE is here to help members wade through the sometimes complex rules. If you cannot find the information you are looking for in the Tribal Code or CORA code, please contact our office at (906) 635-6065 and ask to speak with a conservation officer.

Job Corps students participate in mentoring program

GLADSTONE MICH.—When Job Corps Residential Living Manager Derek Goodwin took a temporary assignment as acting Deputy District Ranger on Hiawatha National Forest's West Zone, he brought with him his passion for the Job Corps mission. Seeing need on the Forest for additional staff to support a variety of work, Derek leapt at the opportunity to initiate a new kind of work-based learning program. Coordinating with his Job Corps Center (JCC) contacts, Goodwin arrange for six Job Corps students to travel to the Upper Peninsula of Michigan from JCCs around the country to participate in six weeks of work-based mentoring in the areas of heavy equipment operation, recreation maintenance, and timber management.

Goodwin, who is currently completing his doctorate in Leadership and Development, is a champion for the correlation between work-based development opportunities and student success. "I am very proud of how the Hiawatha's employees have stepped up to mentor these students — and in return, the students

are excited about career possibilities in the Forest Service."

In addition to mentoring, Goodwin asserts that from a career development perspective, it is also important that work-based mentoring not be limited to the kind of work the student are already trained in. "Part of the success of this pilot project is that the students have been exposed to a wide range of Forest Service careers — engineering, recreation, forestry, biology and more!"

During their time on the Forest, students participated in a variety of work with mentoring and coaching from Hiawatha employees. Two students who arrived certified served as equipment operators have implemented site preparation critical for our 2023 spring tree planting. Other work accomplished by students included building split rail fence, kiosk repair, timber marking, gathering seed pinecones, fisheries work, and more.

Albert Fuller is a heavy equipment operation student from Mingo Job Corps Center (Missouri) who participated in the work-based mentoring program. "On the Hiawatha, I have had the opportunity to run new kinds of machinery doing work that is very different than at school." Fuller added that his experience on the Hiawatha has inspired him to earn my Commercial Driver's License when he gets back to Job Corps, and then look to the Forest Service for career opportunities.

Nathan Smith, a heavy equipment operation student at the Fort Simcoe Job Corps Center (Washington), said. "I've learned that the heavy equipment work at the Forest Service is very interesting and varied." He, too, is interested in pursuing a Forest Service career when he finishes his Job Corps education.

What is Job Corps? Job Corps is the nation's largest residential career training program and has been operating for more than 50 years. The program helps eligible young people

ages 16 through 24 complete their high school education, trains them for meaningful careers, and assists them with obtaining employment. Job Corps has trained and educated over 2 million individuals since 1964.

"At Job Corps, students have access to room and board while they learn skills in specific training areas for up to three years," said Goodwin. For instance, nearby Blackwell Job Corps Center (Laona, Wis.) offers training in Welding, Bricklaying, Carpentry, Construction Craft Laborer, and Forestry Conservation and Fire-fighting careers.

"The Forest Service is committed to achieving a representative, inclusive, and thriving Forest Service workforce, which dovetails perfectly with the Job Corps mission of helping eligible young people achieve meaningful careers. We hope this mentoring program will be the model for an agency-wide work-based mentoring program that connects the agency with Job Corps students," said Mary Moore, Forest Supervisor at Hiawatha National Forest.

The national forest intends to continue hosting a work-based learning program through Job Corps this coming year.

Local Upper Peninsula students interested in Job Corps training opportunities can learn more by visiting <https://www.jobcorps.gov/>. In addition to helping students complete their education, obtain career technical skills, and gain employment, Job Corps also provides transitional support services, such as help finding employment, housing, childcare and transportation. Students can even earn a high school diploma through their local high school while at Job Corps. Job Corps graduates either enter the workforce or an apprenticeship, go on to higher education, or join the military.

For more information about Hiawatha National Forest or to contact us, visit www.fs.usda.gov/hiawatha.



Photo Courtesy HNF

Job Corps students Keith White and Fidel Flenoy learn to build split rail fence during their work-based learning experience on Hiawatha National Forest.



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Outpatient Relapse & Recovery Group Available

Matrix Group In-Person Intensive Outpatient Relapse and Recovery Group, a psycho-educational program for Native Americans working toward sustained substance use recovery, will take place 4-6 p.m. Mondays and Wednesdays, Nov. 7 – Dec. 29, 2022, at Sault Tribe Health Center, Behavioral Health Department, 3rd Floor. Please call (906) 635-6075 for more information.

Trunk or Treat held in Big Bear parking lot

Sault Tribe Youth Education and Activities (YEA) sponsored a Trunk-or-Treat event Oct. 15 at the Big Bear Arena parking lot. YEA Student Services Coordinator for Sault Tribe Unit I, Terri Linacre, was handing out tickets for participants to vote on the best decorated vehicle trunk, and all children under the age of 12 were entered to win a prize.



Photos by Brenda Austin

Sabella Martinez (dressed as a tooth fairy), 11, Jenine Brown (Sabella's mom, left), Dental Assistant Allie Sindlinger (center, dressed as a toothbrush), and Dentist Shannon Osland, (Smile toothpaste) all volunteered at the Trunk or Treat event.



Mom Lindsey Mattson (top left), her sister Alana Smith (back center) and dad Joe Broten Sr. (top right), with kids (front, L-R) niece Nova Mattson, 7, Keira Broten, 7, Joey Broten, 12, (top center), Eastyn Broten, 6, (bottom center) and Ryder Broten, 9, wearing the red ghost face.



Jeremy Tilton and son Daniel Tilton, 4, (on right) placed their vote for the best decorated trunk with (L-R) Crystal Licht, Jaxson Snider and Sierra Snider.



L-R: Abby Nolan, 9, Jade Aikens, 9, Reagan Carr, 9, and Olivia Warner, 9, all helped pass out candy to those stopping by their trunk for some goodies.



Joe Sambrano (right), with his grandson two-year old Percy Sambrano.



Youth Education and Activities Student Services Assistant Karen Moses, passes out candy to Marshall Tominac, 6, Sawyer Tominac, 3, and Mackenzie Tominac, 8.



Emily Larabee (left), volunteered to hand out candy from the trunk of her vehicle. Cinnamon Cleary and daughters Rosemary Cleary, 6, and Kevia Cleary, 9, with Officer Carson Duffy of Sault Tribe Law Enforcement.



L-R: Madison Knauf, and Deana Knauf attending their trunk and passing out candy treats to Emily Goetz, 11, and Kaitlyn Bennett, 9.

Language & Culture holds open house Oct. 21

Sault Tribe Language & Culture Division held an open house in its new location at the Big Bear Arena and its ceremonial building, Niigaanagizhik, across the street from Big Bear Arena



Bernadette and Roger Azevedo show off their baskets and jewelry.

Photos by Jennifer Dale-Burton

Sault Tribe's Language & Culture Division held an open house showcasing its new location inside Big Bear Arena and Niigaanagizhik Building on Oct. 21. Participants were treated to samples of traditional foods and locally handmade craft items. There were also cultural and language informational displays, and an Anishinaabemowin bakinaage (bingo) game.



Black ash baskets for sale made by the Azevedos.



Jackie Minton working on a pair of fur-lined winter mittens.



Sonya and Jeffrey Bealleau (L-R) demonstrate the art of gathering and processing manoomin (wild rice). Below are various stages of manoomin production.



Nikole Wynn shows off her beautiful beadworked earrings and demonstrates her technique.



Language and Culture Division photo gallery.



Bakinaage (bingo) players hoping to win one of many prizes.



Jackie Minton playing a game of bakinaage.



After school language program participants gather in their classroom.



Katrina Waid and Bree Hisson (middle, right) of Traditional Medicine, hand out information to visitors.



George Solomon demonstrates a spear game that teaches how to spear moving prey.



Repatriation & Historic Preservation Specialist Marie Richards was on hand for visitors.



Cornbread and blueberry galette.



Skubdijigan, an old family recipe of steamed cake.



Language & Culture Director Cathy DeVoy baked cornbread.



Soup with freshly made hominy.



DeVoy and Jolene Graham cook.

Veteran's Day Powwow fills Kinross Rec Center

The 2022 Veteran's Day Powwow was held at the Kinross Recreation Center in Kinross, Mich., Nov.12, to the delight of participants and out-of-town travelers to the area. After a grand entry at 1, participants had a feast and then more dancing with Emcee Josh Homminga and Arena Director Bud Biron.



Guest drum Bahweting Singers.



Intertribal dance where all participants are welcome to dance.



Two young men entering the armed services were honored with eagle feathers.



Veteran Ed Cook was honored with a blanket.



Beautiful jingle dress dancer.



Head Dancers Jeff and Sonya Bealleau.



Traditional Dancer Rita Bouley.



Under the Pines was host drum for the powwow.



Traditional Dancer Jackie Robinson.



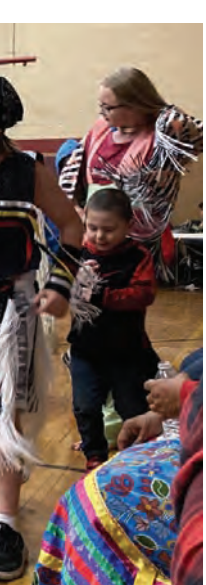
Traditional Dancer Rita Bouley.



Traditional Dancer Jackie Robinson.



Traditional Dancer Jackie Robinson.



Powwow Dancers
Photos by Jennifer Dale-Burton



Domestic Violence Awareness Month car parade



Genevieve, 8, and Jameson, 9, help with preparations for the Advocacy Resource Centers Domestic Violence Awareness Month car parade.



Photos by Brenda Austin
Jessica Gillotte-King and ARC Secretary Sylina Kozyeh, with free t-shirts and car flags.



Sault Area High School Native Youth Council representative Ella McKerchie (left), 16, Hali McKelvie with Uniting Three Fires Against Violence, and Brandy McArthur representing the Sault Tribe Health Center.



Mariah Teeple (left), advocate for the Bay Mills Victim Services Journey to Healing Program, Adalynn Cryderman, 9, and Leah Carrick, Journey to Healing advocate.



Braxton Kagarise, 5, and mom Caroline Neal.



The parade went through the Sault Tribe reservation and into downtown Sault Ste. Marie.



In front of the tribe's Administration offices during the Oct. 20 awareness parade.



Parade participants travel through the Sault Tribe reservation in a show of support.

JKL Halloween event



JKL students enjoying their Halloween parade. Photos by Scott Brand



Photo by Sherrie Lucas
Sault Tribe team members Melissa Killips (left) and Jeri Eby, pass out candy to trick or treaters at the tribe's Administration offices.

Opening November 14th

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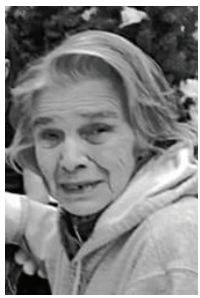
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Immunizations (Including flu shots)

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WANDA B. HEWITT

Wanda Bernice Hewitt, 79, of Sault Ste. Marie, Mich., passed away on Oct. 20, 2022. She was born on Dec. 15, 1942, in Sault Ste. Marie, Mich., to the late Harrison and Pearl (VanLuven) Godfrey. Wanda was a graduate of Sault Area High School. She enjoyed working in housekeeping at both Bay Mills Resort and Casino and Kewadin Casino. She also enjoyed playing cards, reading Western novels, listening to county music, and spending time with her grandchildren.



Wanda is survived by her children, Karen Kittell and Arthur Hewitt, both of Sault Ste. Marie; grandchildren, Joseph Nolan, Isaac Nolan, Kellie Nolan, Robert Kittell, and Christopher (Chris) Kittell; and great-grandchildren, Allie Nolan, Abbie Nolan, Raymond McCall, Hunter Nolan, Maxyan Nolan, Joseph Nolan, and Brianna Hart. Wanda is also survived by many nieces and nephews.

She was preceded in death by her parents and five siblings, Clifford, Roger, Dale, Dixie, and Charlie.

No public services will be held at this time.

WALTER "PRID" PAYMENT

Jan. 12, 1968 to Oct. 16, 2022
God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

We announce the passing of our brother, father, grandfather, uncle, cousin and friend, Walter "Prid" Payment on Oct. 16, 2022. A life-long citizen of the Sault Ste. Marie Tribe of Chippewa Indians, Prid was a Sault Tribe commercial fisherman, traditional tribal craftsman, and loved playing guitar with his brothers Donny, Joe and Norman.



Prid had 14 brothers and sisters. He was grandfather to 15 and had 48 nephews and nieces. Prid had a special relationship with long-time partner, Patti Cleary, her children and grandchildren.

Prid is survived by his children, Adam (Alicia) Payment, Samantha (Ben) Bellemare, Christopher "CJ" (Celina) Payment, Jennifer Payment, Ashley Wallace, Andrea Cleary and Cinnamon Cleary; and siblings, Johnny Payment, Maryann Dover, Donny Alexander, Janice Payment, Karen Alexander, Steve Payment, Aaron Payment, Lisa Fisher and Krystal Payment.

He was preceded in death by long-time partner, Patti Cleary; parents, Katherine (Boulley) Payment and Walter "Johno" Payment; and siblings, Cathy Tadjerson, Jerry Payment, Joe Payment, Norman Payment, and Kelly Payment.

Traditional Anishinaabe Biimaadziwin services were held at the Niigaanagizhik Culture Building.

Donations to help defray the cost of the funeral are welcome or please consider making a donation to the Men's Great Lakes Recovery Center in Sault Ste. Marie, as they cared for Prid on and off for several years.

Count your blessings if you have been spared from addiction to drugs or alcohol. Prid struggled his whole life to stay sober and he never gave up trying. Those struggling with addiction need our compassion, care, support, and love, and not judgment.

JAMEY P. PAQUIN

Jamey Phillip Paquin, 43, of Jones, Mich., passed away Oct. 2, 2022. His life began Jan. 23, 1979, in Newberry, Mich., the youngest of two born to Wesley and Kathy (Paquin) Smithson.

Jamey's life was his work as a lumberman. He enjoyed helping others and was happy to lend a hand where he was needed. He was a firm believer in family values, hard work, and was a creative person. He loved woodworking and landscaping. He enjoyed teaching kids the value of hard work and dedication.

Jamey will be greatly missed by family and friends. He is survived by one daughter, Scarlet, and a host of aunts, uncle, nieces, nephews and cousins.

Jamey will also be missed by his fiancée, Amanda DeBoer and her two sons, Michael Niskala and Matthew Niskala, all of Jones.

He was preceded in death by his parents and his sister, Sandra Lynn Paquin.

A memorial service was held on Oct. 20, 2022, at the Beaulieu Funeral Home in Newberry with Pastor Melinda VanderSys officiating.

Beaulieu Funeral Home in Newberry assisted the family. Condolences may be expressed at www.beaulieufuneralhome.com.

ROBERT "BOB" JOHN FLOWERS

Robert "Bob" John Flowers, 67, of Sault Ste. Marie, Mich. passed away Oct. 10, 2022, peacefully at his son's home.

Bob was born on Sept. 30, 1955, in Sault Ste. Marie, Mich., to the late Merlin Flowers and Mary Cartwright (Ojibway). He joined the United States Navy immediately after graduating



from Sault High School. While stationed in San Diego, Calif., he met his wife, Debra, whom he married in December 1977. After he was honorably discharged, he worked in multiple settings before returning to school at Lake Superior State University and subsequently joining the Telecommunications Department at the Sault Tribe, where he worked for the remainder of his career.

Bob's four greatest loves were his faith, his family, cooking, and people. He loved to learn and share knowledge and could never understand if someone didn't want to hear a "better way" of doing things, because he always did. He perpetually talked to strangers and wasn't afraid to look silly or strange to brighten someone's day. Whether in the kitchen, tying flies or fixing a broken appliance, he loved to experiment and tinker and saw value in the attempt whether he created a masterpiece or learned from the failure. He had so many hobbies and interests, it's most accurate to say he loved life and anyone who would join him on the journey. His children and grandchildren brought him particular joy and many children of friends and family also held a piece of his heart. He lived a life of service within the Church of Jesus Christ of Latter-Day Saints and throughout his daily interactions.

Bob is survived by his wife Debra; children, Jessica (Roland) Cvengros of Denver, Colo., Troy (Jeni) Flowers of Helena, Mont., Eric Flowers of Sault Ste. Marie, and Lisa (Richard) Barney of Grand Rapids, Mich.; and five grandchildren, Katie, Jackson and Parker Flowers and Makenna and Adele Barney. He is also survived by his siblings, Cheryl Flowers, Dawn (Mark) Sundstrom, and Sandy (Mike) Gallagher, all of Sault Ste. Marie; many beloved nieces and nephews; and his church family.

He was preceded in death by his parents, Merlin Flowers and Mary Cartwright, step-father Robert Cartwright, brother James Flowers, and grandson, Allen Barney.

Services were held on Oct. 29, 2022, at Niigaanagizhik, the Sault Tribe Cultural Center.

DIANNE SOPHIE COWELL

Dianne Sophie Cowell, 81, died Aug. 2, 2022. She was born on Jan. 23, 1941, in Detroit, Mich. She started school at T.W. Ferry school on Mackinac Island, Holy Child in Harbor Springs, Mich., and graduated high school from Brown City High in 1959. She married her husband of 34 years, Reuben Cowell Sr., on June 25, 1960. They lived on Mackinac Island,



Mich., and started their family of seven kids. They moved to Fairbanks, Alaska, in June 1976. They lived in Alaska until 1991 when they moved to Olympia, Wash., until Reuben's death in 1995. Dianne spent the last 27 years of her life traveling between her kids and St. Ignace, Mich., on an endless adventure.

She is survived by her children Reuben Cowell Jr., Gibert Cowell, Josheph (JB) Cowell, Kim Fyke, Rhonda Jenness and Johnna Shutty. She is also survived by her grandchildren Jacinda Houtchens, Reuben Cowell III, Eric Cowell, Lucas Cowell, Josa Pyng, Nancee Cowell, Lolly Cowell Anderson, Kenlei Cowell, Jamie McGraw, Dana Cowell, Rhonda Bessler, Jessica Gudeon, Jacklyn Morgan, Victoria Sharrow, Cameron Jenness, Kathryn Hernandez, Daren Robin, Kussandra Shutty, Dakota Shutty, Robyn Shutty, and Cheyenne Barnes, as well as her great grandchildren Roselynn, Paige, Haliagh, Lillyanne, Miku, Alyndria, Lester, Theodore, Kai, Charles, James, Joseph II, Paige, Aubrean, Sophie, Max, Reuben IV, Callum, Nina, Tiffany, Drayden, Gwynne, Leslie, Denley, Felix, Princeton, Elora, Diana, Paiz'Lea, CeCe and one that has not made their arrival yet.

She was preceded in death by her parents, August Fisher and Eleanore Fyke; her brothers, Gilbert and William Fisher; sisters, Joanne Fisher, Myra Fisher, Rhoda Eaton and Hopie Tonchen; and her daughter, Melissa LaBean.

Dianne touched so many lives through her work in the churches she attended in Alaska, Washington and Michigan, and teaching sewing, cooking, baking, crocheting, and knitting to her kids and grandchildren. Dianne did not know the meaning of a stranger — if she called you friend that meant you were part of her family.

There will be memorial services held at Jubilee Worship Center in Fairbanks, Alaska, as well as at Lighthouse Assembly in St. Ignace, Mich. She will be buried at Cottle Cemetery in Pickford, Mich., next to her husband. Her family is asking in lieu of flowers to please make a donation to the Gary Sinise foundation as Dianne and Reuben were very dedicated to supporting the military: www.garysinisefoundation.org/donate.

DEBRA ANN COX

Debra Ann Cox passed on Friday, Oct. 28, 2022, at My Michigan Medical Center. Deb was a Count Team supervisor at Kewadin Casinos before retiring after 25 years of service. Prior to joining the Count Team, she cooked for



many years at many establishments in Sault Ste. Marie, Mich., including the Café Voyageur and Abner's. Deb is survived by her significant other of 27 years, Terry James of Sault Ste. Marie; brothers, Joe and David of Sault Ste. Marie, Rocky of Tennessee and Anthony of Virginia; and sisters, Shirley of Sault Ste. Marie and Karen of Wisconsin. Deb was especially fond of her nieces, nephews, and grand-nephews.

She was preceded in death by her mother and best friend, Geneva, her sister, Linda, and her father, Albert.

A fire was lit at the Sault Tribe Cultural Center on Nov. 3 and burned until Nov. 5, 2022. A service and a meal were offered on Nov. 4.

Gifts in Deb's memory may be made to the War Memorial Long Term Care Unit or to the Chippewa County Sheriff's Department food drive. Clark Hovie Galer Funeral Home assisted the family with arrangements. Online condolences may be left at www.galerfuneralhomes.com.

CATHI MARIE PRICE-PAGE

Cathi Marie Price-Page, 69, of Indianapolis peacefully passed away with family members by her side on September 18, 2022.

She was born in Mount Pleasant, Mich., to Warren Allen and Constance Joan Price on August 13, 1953. Cathi was proud of her Native American Heritage. She was a member of the Sault Ste Marie Tribe of the Chippewa Indians. She proudly served our country in the United States Air Force. Cathi retired from Landman & Beatty Attorneys as a Paralegal. She enjoyed attending gatherings with her family and friends. Cathi also enjoyed reading.

She was preceded in death by her parents, Warren and Constance Price; brothers, Kevan and Keith Price; and nephews, Curtis and Logan Price. Cathi is survived by her brother, Dean (Sheri) Price; sister-in-law, Janet Price; nieces, Danielle (Will) Emery, Tori Price and Emily Price; nephews, Kevan Jr., Chris, Bryan Price, Kyle (Mikayla) Price and Andrew Price; her former husband and friend, Charlie Page; loving aunt, Willetta Price; and several great nieces and nephews.

In honor of Cathi, memorial contributions can be made to Wolf Park 4004 E. 800 N. Battle Ground, IN 47920.



Tribal Members & Families:
Send your obituaries and photos to slucas@saulttribe.net to be published free of charge.

Robert “Bob” Flowers remembered for love of food

With the passing of Robert “Bob” Flowers last month, the Sault Ste. Marie Tribe of Chippewa Indians and the Eastern Upper Peninsula has lost one of its most vibrant members.

Many in the community have their own fond memories of Bob, his antics at Sault High, his return

from the U.S. Navy, those days at Lake Superior State University and the years he spent in the Telecommunications Department with the Sault Tribe.

But here at *Win Awenen Nisitotung*, Bob is best remembered for his friendly smile, his kind words and the contributions

he made throughout the years to the very pages you are reading now.

In memory of Bob, we have sifted through many past issues dating back more than a decade to find some of his favorite recipes and it seems there were a couple of trends reflecting back

on those years.

Bob liked comfort foods — warm bowls on a cold day and desserts — the kind of meals that bring people together, filling the belly with hearty food and the heart with joy.

He was confident in his recipes and he encouraged those

who followed them to be as well.

“Be prepared to take a bow,” concluded Bob of his Fourth of July cheesecake recipe.

And with this page, we hope that Bob inspired bows will be conducted for many years to come.

From the Kitchen of Bob Flowers - Feb. 4, 2011

Rich potato soup recipe for winter

This thick, rich soup combines the smoky flavor of bacon, ham and vegetables in a creamy base sure to warm you on these cold winter nights.

Ingredients:

- 2 large Yukon gold potatoes, peeled and cubed
- 1 medium sized yellow onion, peeled and diced
- 1 stalk celery, washed and sliced
- 5 tbs. bacon grease
- 1 cup cubed ham
- 3 tbs. flour
- 12 oz. condensed milk
- 1 cup fresh milk (2%)
- 1/4 tsp. liquid smoke

Add one tablespoon of bacon grease to a large saucepan and melt over medium heat. Add onion and celery and stir for one minute, add potatoes and stir. Cook over medium heat, stirring every two to three minutes until the potatoes just start to brown. Add a half-cup of water and cover. Cook for 15 minutes.

While potatoes cook, place remaining grease into a small frying pan and melt over medium heat. Add flour and stir until combined, cook for two to three minutes, stirring every half minute or so, until the flour just starts to brown making a roux. Remove from heat, remove pot lid and pour roux into potato, onion and celery mixture and stir. Add condensed milk while stirring and let come to a slow boil over medium heat. When soup has thickened, add fresh milk and liquid smoke, stirring until incorporated. Add ham and stir. Serve hot.

Dec. 19, 2011

Pie Crust Cookies

This recipe is taken directly from my blog, G.W.’s Good Grub. Please enjoy it, but respect the copyright.

For today’s lesson, we will explore the properties of flour, fat, and water. I know that we used those ingredients to make a roux, from which we made sauces and gravy. Today, we will use those same ingredients to make cookies, pie crust cookies. You will need a rolling pin, a cup of flour, a half teaspoon of salt, sugar, cinnamon, and either lard or shortening (the fat).

Combine the flour and salt in a large bowl. Add three tablespoons of fat and work it into the flour with your fingertips. You are trying to create a dough that resembles little pebbles. Unless you are a magical being, you will need to add another quarter cup of fat to the bowl, again working it in with your fingertips. If you have too much fat, the dough will clump together. Too little will leave loose flour in the bowl. If you get too much fat in the dough, just add a little more flour. If you have too little fat, add a little more until you get that peb-



Bob Flowers and his daughter showcase one of his dishes.

ble texture.

You’ve probably heard that working flour develops this stuff called gluten, a rubbery substance created by kneading the wheat protein found in flour with water. Let me tell you, until you’ve added water to your dough, you can play with it all day. Just remember the ratio of flour to salt and everything will work. That ratio is a half-teaspoon of salt per cup of flour.

So now your dough is perfect. Add three tablespoons of ice water to the dough, and work it enough just to make it stick together. Divide the dough into two parts. Liberally sprinkle flour all over the work surface of your table. Form one part of the separated dough into a round ball and place onto the floured surface. Flatten with your hands, gently. Liberally sprinkle flour over the dough.

Place your rolling pin onto the center of the dough. Push down lightly and roll from the center to the edge of the dough, pushing away from you. Place the rolling pin on the center again and push down lightly and roll towards you. Turn the rolling pin sideways to you and roll from the center outward. Do the same in the opposite direction. Get the idea? Continue rolling from the center outward in all directions until the dough is thin. Cut the dough into three-inch squares and place onto a foil lined cookie sheet. Sprinkle with sugar and cinnamon and bake in a 375F degree oven for 15 minutes. Remove from the oven and let cool. Take a bite. Your cookie should be light and flaky, can you say Yum?

And just so you know, to make a single crust pie, as for lemon meringue or pumpkin pie, use one and one-half cups of flour and three-quarters of a teaspoon of salt. For a two-crust pie such as apple or peach pie, use three cups of flour

and one and one-half teaspoons of salt.

Now you know what to do with that leftover raw dough from your pie crusts after it’s been shaped and trimmed in the pie pan — make pie-crust cookies.

Happy holidays to all of you. And remember, there is no success outside the home that justifies failure within the home.

Jan. 8, 2010

New England boiled dinner

This meal is both delicious and comforting on a cold winter’s day. It can be made in a slow-cooker or slowly on top of a stove, in an oven or a pressure cooker. Though the heat sources are different, the idea is the same, slow, moist heat helps tenderize the meat, and distributes the many flavors evenly.

Because of its speed, I prefer to make boiled dinners in a pressure cooker. In the time it takes to slow-cook a proper boiled dinner, by using a pressure cooker, you could cook five batches of boiled dinners.

Pressure cookers do two things to help this dish. First, as atmospheric pressure increases, the boiling temperature of water increases. As the water temperature increases, the food cooks more quickly. The trapped steam also transfers heat quickly into the food, shortening the time required to bring it up to temperature. The pressure, moisture and heat also break down tough meats and connective tissues, making them easier to eat. This makes the method great for less tender cuts like chuck or round.

Now that you know a bit about what it does for you, let’s explore the disadvantages. Pressure cookers can be dangerous if used improperly! Without going into a physics lesson, I’ll just say that, at 10 pounds of pressure, if you remove the lid before releasing that pressure, two things will happen: First,

the lid will probably blow right out of your hand. Second, if that very hot liquid is suddenly brought to normal atmospheric pressure, it will erupt like Vesuvius and cause you a great deal of scalding pain. So read directions for pressure cookers carefully. When used properly, this pot is a safe and useful tool. Just be wise about it.

In addition, you won’t get anything less than well-done from this kind of cooking. But you will cook in 45 minutes what would take you several hours by other cooking methods.

If you don’t own a pressure cooker or are intimidated by it, just put the ingredients into your slow cooker and let it do its thing overnight. Either way, you will be rewarded by a wonderful meal.

Ingredients:

- 3 lbs. corned beef brisket, rinsed and without the seasoning packet, or you can substitute ham, beef shanks, venison, lamb, or whatever you prefer.
- 4 medium potatoes, peeled and quartered
- 4 carrots, peeled and cut into one-inch chunks
- 1 onion, peeled and cut into four wedges
- 1 cup diced rutabaga
- 1 clove fresh garlic, peeled and minced
- 1 medium head of green cabbage cut into eight wedges
- 1 tsp. salt
- 1/2 tsp. black pepper

Cut the cabbage and onion wedges in half. Place all ingredients into a pressure cooker or slow cooker. Add enough water to cover.

If using a pressure cooker, secure the lid and place the pot over high flame. If you have a multi-pressure top, place it on the 10-pound setting. If not, just place it on the steam spigot. When the top begins to dance, turn down heat to medium. Wait a minute to see if the top continues to dance. Adjust to the lowest heat setting that keeps the top moving.

Cook for 45 minutes then remove from heat. Wait until the top quits dancing and carefully remove from the pan lid. Use a tool long enough to keep your skin away from erupting steam. It can scald you.

Do not remove the lid until all of the pressure has escaped. You will know it is safe when the steam lazily exits the spigot. When it is safe, remove the lid and serve in bowls. Serve with hot-buttered bread rolls and your favorite beverage.

If using slow cookers, simply cover pots and cook for eight hours or so. You will have exactly the same meal.

July 2, 2010

Fourth of July Cheesecake

This cheesecake is one that will absolutely steal the show. It combines the complimentary flavors of cheesecake, blueberries and strawberries in one beautiful dessert. This is more difficult to make than

a standard New York style cheesecake, but it’s well worth the effort.

You will need three 9-inch spring form pans and three thin plastic cutting sheets for this project.

Ingredients

Crust:

- 1 1/4 cups graham cracker crumbs
- 4 tbs. sugar (I use Splenda)
- 8 tbs. real butter

Base Filling:

- 6 pkgs. cream cheese (8 ounces each)
- 1 1/2 cups sour cream
- 2 tsp. vanilla
- 1 1/8 cups sugar (Splenda for me again)
- 3 tbs. cornstarch
- 3 large eggs

Filling additions:

- 2 cups fresh blueberries
- 2 cups fresh strawberries
- 1 1/2 cup sugar, divided into three 1/2 cup portions
- 1 cup sour cream

Instructions:

Place 1 cup of each type of fresh berries into separate bowls. Add 1/2 cup of sugar to each. Mash and set aside.

Place the cream cheese in a large, microwave safe bowl and heat on high for 1 minute in the microwave to soften. Beat in the remaining base-filling ingredients until the filling is silky smooth.

Divide the filling into three equal portions. Mix the blueberries with one portion of filling. Mix the strawberries into a second portion.

Preheat the oven to 400° F.

Line the inside surface of three 9-inch spring form pans with parchment paper. Pour each filling portion into one of the pans. Smooth until the top is evenly distributed and flat. Place the pans into the hot oven and bake for 15 minutes. Then, reduce heat to 180 degrees and bake for 1 hour. Turn off the oven and partially open the oven door. Let the cheesecake cool for 20 minutes. Remove and let cool to room temperature. Remove the sides of the pans and slide the plastic cutting sheets between the parchment paper and the bottom of the cheesecake custard. Carefully remove the cheesecake custard to a safe place to rest.

Melt the butter and combine with the crust ingredients. Thoroughly mix together. Press the graham cracker crust onto the bottom and sides of one of the re-assembled spring form pans. Place in the freezer and let rest for 10 minutes. Place into a 400°F oven for 10 minutes. Remove and let cool.

Carefully lift the strawberry custard and slide off into the baked crust. Slice, and then layer the remaining strawberries on top. Lift and slide the blueberry custard on top of the bottom layer. Spread the remaining blueberries on top. Lift and place the white custard on top. Mix the remaining half-cup of sugar with the sour cream and spread smoothly across the top. Leave the side on the spring form pan for support until ready to serve.

Be prepared to take a bow.

Celebrating National Adoption Month during November — tribal foster parents needed

FROM ACFS

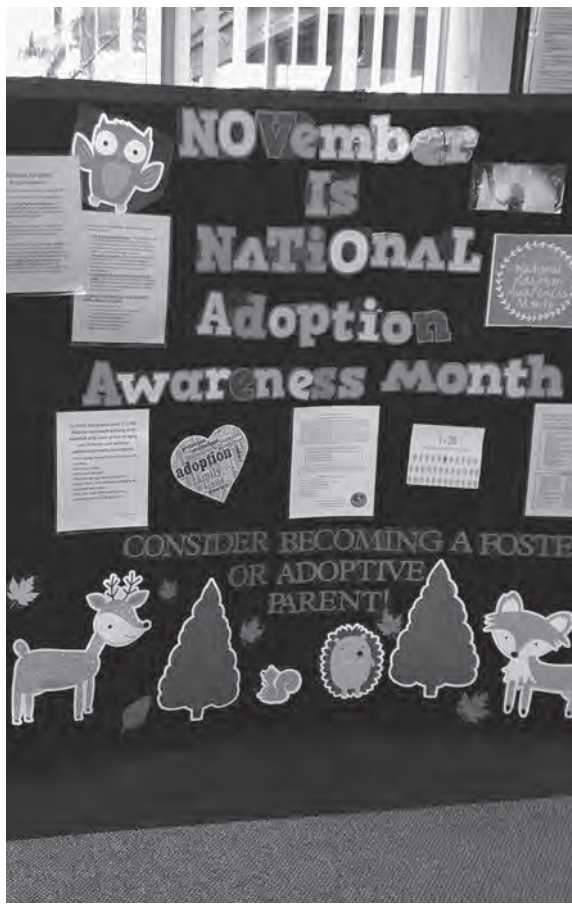
Each year, November is recognized as National Adoption Awareness Month. While all adoption related issues are important, the particular focus is the adoption of children currently in foster care. The goal of National Adoption month is to raise awareness for children and youth in foster care who are waiting for permanent families.

The Sault Ste. Marie Tribe of Chippewa Indians, through the services of the Sault Tribe Binogii Placement Agency, has provided adoption services since 1985. The priority of placement for the tribe is to keep tribal children with their families whenever possible. Situations may arise where children cannot remain with their families, and in those cases the Sault Tribe works actively to match tribal children with tribal families to preserve the child's cultural connections. ACFS also monitors tribal cases across the United States, and can help match a child with a tribal resource foster home, even if they are located

outside the seven-county service area. When there is a pool of resource foster homes it is easier to match the child with a tribal home. If you are interested in becoming a foster parent, regardless of location, you are urged to call.

There are currently tribal children across the country in foster care that are not matched with a family and are in need of a committed family temporarily or a permanent home. The shortage of placement resources is a problem across the state, country, and in other tribes. Sault Tribe is no exception and is in need of dedicated foster parents and adoptive parents.

There are no unwanted children, just unfound families. If you are interested in making a difference in a child's life and becoming a foster or adoptive parent, contact Anishnaabek Community and Family Services at (906) 632-5250, or (800) 726-0093, or email them at: acfs-fosterhomes@saulttribe.net.



Adoption month bulletin boards located in the Sault Ste. Marie Tribal Health Center (right) and Manistique Tribal Health Center (left). Stop and check them out. Lots of information and promotional items for giveaway!

Paquin and friends donate blankets for foster care kids

Anishnaabek Community and Family Services (ACFS) would like to thank Molly Paquin for her generous donation of blankets for our families. Molly and a couple of friends decided to make and donate the blankets because they wanted the children in foster care to have something they could call their own. Chi miigwech, Molly! ACFS is in need of caring individuals who can provide a safe and nurturing home environment for children who have been placed out of their home due to abuse or neglect. If you are interested in becoming a foster parent, and making a difference in the life of a child please contact Anishnaabek Community and Family Services at (906) 632-5250, 1-800-726-0093 or by email at acfs-fosterhomes@saulttribe.net.



ARC hosts Domestic Violence car parade

FROM ARC

The Advocacy Resource Center hosted its annual Domestic Violence event in the form of a vehicle parade this year seeing as 2021's event was of utmost success. COVID seems to have put a damper on all in-person events the past few years and with it still being an issue for all ages, ARC staff decided to keep everyone safe and warm while remaining in their vehicles yet still being present and showing support for domestic violence awareness. The event garnered a nice turnout with about 65 participants.

Several vehicles led by Sault Tribe's Police Department were escorted through Sault Ste Marie's main streets while onlookers took notice of the decorated vehicles calling attention

to Domestic Violence Awareness. ARC was also accompanied by the Sault Area High School's Native Youth Council to help with passing out complimentary awareness items and vehicle décor.

ARC wishes to thank Bay Mills Journey to Healing Program and Uniting Three Fires Against Violence for attending the event and providing their information as well.

The Advocacy Resource Center can be of assistance for all forms of domestic violence for anyone who wishes to receive advocacy. Simply call (906) 632-1808 and ask to speak to an advocate. For more information, find us at www.arcsaulttribe.com.

See photos in this issue on page 16.

November recognized by the Advocacy Resource Center as Strangulation Awareness Month

FROM ARC

November is being recognized by the Advocacy Resource Center as Strangulation Awareness Month. Strangulation is a lethal form of assault that can kill a person within minutes. Strangulation is not to be confused with "choking." Strangulation is described as pressure being applied from the outside, cutting off airflow or blood vessels in the neck, preventing oxygen from reaching the brain. Choking, meanwhile, refers to a blockage or obstruction inside the throat that makes it difficult to breathe. Strangulation is a major warn-

ing sign for lethality in domestic violence cases. Perpetrators often use strangling as a form of power and control over their intimate partner. Pressure placed upon the victim's throat can cause unconsciousness and death. Strangulation is just below homicide on the continuum of domestic violence risk assessment. It has been reported that a woman who has survived strangulation by her partner is eight times more likely to die by his hand in another attack.

Strangulation is relatively easy to identify as many symptoms occur in the facial areas. Some common visible signs of

strangulation include petechiae (tiny spots of bleeding) in the eyes, or the whites of the eyes may be completely filled with blood, swollen lips, droopy eyelids, facial drooping or swelling, scratch marks to neck or face, raspy or hoarse voice, trouble swallowing, drooling, petechiae on earlobes, bruising on or bleeding from ears, swollen tongue, or bumps on head from falling or blunt force trauma. There are also signs that are not visible that a victim may suffer, such as intense pain, vision changes, ringing in the ears, cuts in the mouth, swelling of the neck or throat, difficulty breath-

ing, or voice changes.

Strangulation may not cause death immediately and has been known to cause death several days later due to collapsed trachea or tracheal damage. Strangulation can cause serious health issues and psychological problems. Data on strangulation reveals a harsh picture of the severity of this kind of assault. One in four women will experience intimate partner violence in her lifetime. Of those, up to 68 percent will suffer near fatal strangulation at the hands of their partner.

Michigan law states that any person who assaults another

person by strangulation or suffocation is guilty of a felony punishable by imprisonment for up to 10 years, or a fine of up to \$5,000, or both. The law defines "strangulation or suffocation" as "intentionally impeding normal breathing or circulation of the blood by applying pressure on the throat or neck or by blocking the nose or mouth of another person." Under the law, it is not necessary for a victim to suffer any actual injury in order for the state to charge a person with assault by strangulation. An aggressor's intent may be inferred simply from the use of physical violence.

Sault Tribe Thrive business directory

Thank you to all the Sault Tribe member-owned businesses who have reached out and contacted us so far. Another month of continued growth! If your business is not listed, please contact us so we can get you or your business set up with our office and into the directory going forward. We will update the list as needed and republishing every month to ensure new members and changes are seen consistently. The Sault Tribe Thrive office is here to help any and all Sault Tribe member-owned businesses.

If you have not already please check out our new website and social media sites at <https://saulttribethrive.com> and <https://www.facebook.com/saulttribethrive>.

Sault Tribe Thrive office: Info@saulttribethrive.com, (906) 635-6050, ext. 26121.

14 PEWS Cressandra Thibodeaux Houston, TX 77009 (310) 880-3907 info@14pews.com https://14pews.org/pages/home.asp Media/Entertainment	bayrxsi@gmail.com https://www.mygnp.com/pharmacies/bay-pharmacy-st-ignace-mi-49781/ Healthcare	(989) 588-2965 eddie2toes@hotmail.com Retail	crookedmusicstore@gmail.com https://www.facebook.com/CrookedMusicStore/Arts/Culture	Farming/Fishing
517 Coffee Company Jaime Ladronka Lansing, MI 48911 (517) 574-5573 the517coffeeco@gmail.com https://www.517coffeecompany.com/ Food & Beverage	Belonga's Plumbing and Heating Steven Belonga St. Ignace, MI 49781 (906) 430-0672 spaquinbph18@gmail.com Utilities	Caster Construction Ed Caster Sault Ste. Marie, MI 49783 (906) 635-3550 elcasterconstruction@gmail.com Construction	D & S Custom Upholstry Dwayne Lehn Sault Ste. Marie, MI 49783 (906) 748-1047 dwaynel91@gmail.com https://www.facebook.com/D-S-Custom-Upholstery-143701853133290/ Retail	Eversons Furnishings Jimmy Everson St. Ignace, MI 49781 (906) 643-7751 info@eversonsfurniture.com https://eversonsfurniture.com/ Retail
Above The Bridge Outdoors Morgan Gelinas Curtis, MI 49820 (906) 287-0903 abovethebridgeoutdoors@gmail.com www.abovethebridgeoutdoors.com Other	Benoit's Glass and Lock Rick Benoit Escanaba, MI 49829 (906) 786-5281 benoitglass@gmail.com https://www.facebook.com/pages/Benoits-Glass-Lock/126579080731438 Construction	Castle of Wood Nick Deplonty Sault Ste. Marie, MI 49783 (906) 748-0739 nickdeplonty@gmail.com https://www.facebook.com/CastleofWoodHospitality	Dance of the Sun Day Spa Dawn Cremeans Marquette, MI 49855 (906) 249-9084 hello@danceofthesun.com www.danceofthesun.com Hospitality	Fast & Secure Towing & Recovery Ronald McClusky Jr. Pontiac, MI 48340 (248) 993-3632 ronaldalcar@gmail.com Transportation
Above The Roots Melanie Spencley East Lansing, MI 48823 (517) 803-5105 atrootsmi@gmail.com https://www.abovetherootsmi.com/ Retail	Blondeau Construction Matt Blondeau Marquette, MI 49855 (906) 362-6288 mattblondeau@gmail.com http://www.blondeauconstruction.com/ Construction	Clear From Here Jennifer Jesperson North Hollywood, CA 91601 (818) 415-9025 jennifer.jesperson@mac.com Media/Entertainment	DeMawating Development Theresa Germain Kincheloe, MI 49788 (906) 498-9800 tgermain@saulttribe.net https://www.saulttribe.com/enterprises/demawating Other	Feathers Upholstery Emily McGearry Escanaba, MI 49829 (906) 446-3406 mcemily451@gmail.com Apparel
Allegra Printing Roger Leask Traverse City, MI 49686 (231) 632-4448 roger@allegratc.com https://www.allegramarketing-print.com/locations/traverse-city-mi Marketing/Advertising	Blondeau Properties Matthew Blondeau Marquette, MI 49855 (906) 362-6288 mattblondeau@gmail.com Real Estate	CompHoppers Vickie Griggs Livingston, TX (337) 739-3664 comphoppers@comphoppers.com www.comphoppers.com Recreation	Derusha Construction David Derusha Ashland, WI 54806 (715) 730-0734 derushaconstruction@yahoo.com https://www.facebook.com/Derusha-Construction-102913544455689/ Construction	Floor Masters Art Derry Dafter, MI 49724 (906) 322-0252 art.derry@yahoo.com Construction
American Dream Builders Gary Valier Kalamazoo, MI 49009 (269) 365-1969 garyadbslm@hotmail.com Construction	Bloom Co. David Lockhart Sault Ste. Marie, MI 49783 (906) 205-0275 shop@bloomcosault.com www.bloomcosault.com Retail	Contain A Pet of Eastern Upper Peninsula Melinda Menard Sault Ste. Marie, MI 49783 (906) 290-0478 capofeup@yahoo.com Recreation	Dream Catchers Consulting Bill Pemble Williamston, MI 48895 (517) 243-2877 pemblew@gmail.com http://dreamcatchers.tech/ Consulting	Flowers Automotive James Flowers Sault Ste. Marie, MI 49783 (906) 632-8074 flowersautoservice@gmail.com Transportation
Anchor Systems Frederick Carr Kincheloe, MI 49788 (906) 240-1180 advantage@anchorsystems.tech InformationTechnology	Blue Harbor Fish & Seafood Lori Parkinson Green Bay, WI 54313 (920) 435-4633 blueharborfish@yahoo.com http://www.blueharborfish.com/ Farming/Fishing	Coonen Law Rose Coonen Grand Rapids, MI 49525 (616) 951-1531 rcoonen@coonen-law.com https://coonen-law.com/ Business Services	Dress up and Tuxedo Jody Bugay Escanaba, MI 49829 (906) 789-9796 jody@dressup906.com http://www.dressup906.com/ Retail	Franks Place Dawn Bumstead Sault Ste. Marie, MI 49783 (906) 440-4457 dawn@franksplace.biz Food & Beverage
AZ Fresh Start Cleaning Richard Oran III Yuma, AZ 85565 (928) 304-6632 azfreshstartcleaning@gmail.com Janitorial Services	Bonacci Contracting Carmine Bonacci Sault Ste. Marie, MI 49783 (906) 632-1425 bonacci10@gmail.com Construction	Cottage UP Thomas Clark St. Ignace, MI 49781 (906) 298-2298 cottageup@outlook.com https://www.cottageup.org/ Retail	Eagle's Dream Rachel Mandelstamm Greensboro, NC 47406 (989) 385-2129 eaglesdream2@yahoo.com Apparel	Gitche Gumees Handcrafted Jewelry Gina Harmon Newberry, MI 49868 (906)293-3625 ginavgc@gmail.com https://www.lakesuperiorpendants.com/index.php?page=Home Arts/Culture
Barbeaux Fisheries Paul Barbeaux DeTour Village, MI 49725 (906) 297-5969 barbeauxfish@gmail.com Farming/Fishing	Burnside Creations Lisa Burnside Hessel, MI 49745 (906) 430-7323 burnsidecreations1@gmail.com Retail	Creative Change Associates Alan Barr Manistique, MI 49854 (906) 286-1922 alanb@creativechange.org http://www.creativechange.org/ Consulting	Eagle HVAC Services Bryan Goudreau Garden, MI 49835 (906) 450-0408 groundsourcehtg@gmail.com www.eaglehvacservices.com Construction	Good Fruit Video Justin Caine East Lansing, MI 48823 (517) 708-3809 justin@goodfruitvideo.com https://www.goodfruitvideo.com/about/ Media/Entertainment
Bay Area Demolition Kris Wood Interlochen, MI 49683 (231) 709-5895 bayareademopros@gmail.com https://northernmichigandemolition.com Construction	C.H. Marine Service Chris Hank Sault Ste. Marie, MI 49783 (906) 203-6396 chmarineservices@gmail.com https://www.facebook.com/CHMarineServices/ Transportation	Creative Memories Janet Hess Sault Ste. Marie, MI 49783 (906) 630-3878 jhess4cm@hotmail.com https://www.creativememories.com/user/JanetHess Arts/Culture	Eagle Specialties Taryn Sulkes Detroit, MI 48227 (313) 638-6640 Ext 1 taryn@es-us.com https://es-us.com/ Manufacturing	Great Lakes Drone Service Kyle McPhee Lansing, MI 48821 (517) 819-5542 greatlakesdroneservice@gmail.com www.greatlakesdroneservice.com Media/Entertainment
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Innes Welding & Repair David Innes Brimley, MI 49715 (906) 440-5364 thepropmaster@hotmail.com Manufacturing	M&M Fisheries Lynn Rickley St. Ignace, MI 49781 (734) 516-6536 lynnrickley63@gmail.com Farming/Fishing	Midway General Store Erica Kemeny Wetmore, MI 49895 (919) 621-8998 kemenyerica@gmail.com Retail	Native Steel Welding & Fab Trystan Ferris Moran, MI 49760 (906) 430-7816 nativesteelwelding@gmail.com	Peterson Building & Contracting Kenneth Peterson Manistique, MI 49854 (989) 329-2139 peterson_building@hotmail.com Construction
Irwin Group Mitch Irwin				Pink Giraffe Beauty Products <i>See “Thrive,” page 20</i>

From “Thrive,” page 21

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Ron’s Birchbark Studio Ron Paquin St. Ignace, MI 49781 (231) 420-3518 mollyronpaquin@gmail.com Arts/Culture	Seriously SEO Dustin Denkins, MI (906) 644-2548 dustin@denkins.net Business Services	Tadpole Press Amber Byers Lafayette, CO 80026 (303) 668-8812 amber@tadpolepress.com www.tadpolepress.com Communications	Total Outlook Hair Care and Tanning Connie Payment Sault Ste. Marie, MI 49783 (906) 632-6936 totaloutlooksalon@gmail.com https://totaloutlookhairandtanning.com/ Personal Care Services	Wicked Walleye Tackle Melinda Kolbus Rapid River, MI 49878 (906) 286-1886 wickedwalleyet@yahoo.com wickedwalleyetackle.com Retail
Roy Electric Jeff Roy Sault Ste. Marie, MI 49783 (906) 632-8878 royelectric@lighthouse.net	Snowbelt Brewing Company Angielena Muellenberg Gaylord, MI 49735 (989) 448-7077 drinklocal@snowbeltbrewery.com https://www.snowbelt.beer/ Food & Beverage	The Bostique Cindy King Manistique, MI 49854 (906) 286-4374 bostiquemstq@gmail.com https://www.shopbostique.com/ Retail	Tribal Voices Cressandra Thibideaux	Willis Pest Control Willard Willis Sault Ste. Marie, MI 49783 (906) 322 7445 batman_will@hotmail.com

See “Thrive,” page 23

LaPlaunt updates Marquette elders at holiday meal



TYLER LAPLAUNT
DIRECTOR, UNIT 5

Aanii Boozhoo!

A lot of great things are starting to unfold in Unit 5 and I couldn't be more excited to help bring our people and our culture together in an area that has been disconnected for far too long. Through our Unit 5 culture funds, I sponsored the NMU Native American Student Association (NASA) First Nations Food Taster Event. With this sponsorship, NMU NASA is allowing free entry to all Unit 5 Sault Tribe citizens with tribal ID at the door. The event takes place on Nov. 28 from 5 to 7 p.m. at NMU's Northern Center.

Additionally, T.J. Derwin and the Teal Lake Drum will be holding practice open to everyone on the second and fourth Thursday of each month from December until May in the Lakeview Arena Citizens Forum in Marquette. We are using Unit 5 cultural money to hold this space for the drum group practice. The first practice will be held on Dec. 8, 2022, from 5 until 8 p.m. All are welcome to attend, including anyone who is interested in teaching beading or any other crafting, song, dance, or anything traditional or cultural. If you need supplies, let me know and we will take care of it. Ultimately, we want to create a comfortable place for everyone to learn and practice culture. A judgment free zone. All questions are welcome and we will learn together. Our cultural teachings are our sustainability as a tribe and I am so grateful and thankful for everyone who is helping to make this happen.

If anyone else in Unit 5 has any ideas for cultural teachings and practices, please reach out to me. I would love nothing more than to support as many activities in our unit as possible, but we need community leaders to help out. We can bring cultural experts in as needed, but we need to create sustainability within our unit so that we no longer have to rely on anyone else to implement and practice our traditional way of life. We are making some big steps in the next few months so let's continue to work together to move forward.

The Marquette Elder Holiday meal was on Nov. 3. I'd like to thank everyone who attended. We had about 130 total guests and it was absolutely fantastic seeing so many of us come together to share a meal and good conversation. I want to send a huge shout-

out and chi miigwech to the Teal Lake Drum who came to open up the meal with some beautiful song and teachings of acceptance. Chi miigwech to T.J. Derwin, Joe Wallace, Jake Wallace, Danny Garceau, and Paul Perrault for bringing the drum back to our community. This is something that has been missing from our hearts for far too long and we will work relentlessly to pass these teachings on to the next generation.

The Munising Elder Holiday meal is scheduled for Dec. 15 at the Munising Tribal Health Center. If you haven't already, please RSVP to attend. We hope to make this one just as successful and bring as many people together as possible. It's always such a pleasure seeing everyone and hearing the bustle of conversation over a good meal.

I want to send a heartfelt chi miigwech to all of our Elders who have worked tirelessly in both Munising and Marquette to keep the elder meals and meetings going throughout the pandemic. We are finally starting to see both new and old faces and coming together for a meal in our community is everything to our way of life.

I'll continue to ask both communities to join us at the elder meals. Elders (Sault Tribe 60-plus) are welcome to attend the meal with their spouse or guest. The next elder meal in Munising will be on Dec. 1. Meeting from 11 a.m. until 12 p.m. and meal from 12 until 1 p.m. at the Munising Tribal Health Center. The next elder meal in Marquette will be held on Dec. 1. Meeting from 6 until 7 p.m. and meal from 7 until 8 p.m. at the Holiday Inn in Marquette. I'd love to see attendance to continue to increase. If you haven't attended an Elder meal in either community and don't know anyone, come on over and join us and visit with me. I'd love to hear from you and the Elders would love to see new face.

On to board related news. On Oct. 18, as a board we worked together to make meetings more accessible and transparent. We opened meetings again to all tribal members to be able to provide and receive input during membership concerns and provide feedback to our votes on resolutions. Before we could only hear member input without responding. Now we can respond or delegate the response to one of our professionals and get your answers in a timely fashion.

We also decided to open up workshops via Zoom and in person once open session begins. To protect our economy, employees, and nation, some things will still need to be discussed in closed session, but we will work to open as much of our meetings as possible. Future meetings will also open at 5 p.m. with membership concerns being on the primary agenda. This is a change from the previous 4 p.m. time that was not inclusive of citizens with job demands. In order to register via Zoom, please go to saulttribe.



Teal Lake Drum Group (L-R), Joe Wallace, T.J. Derwin, Danny Garceau, Paul Perrault, and Jake Wallace.

com, click the "Click Here to Zoom Board Meetings" on the left, and register with your real name. Please keep your real name when logging into Zoom in order to be let in. We are working to make this easier and more efficient so please let us know if there is anything else we can do to be more inclusive. I want to reiterate that the board as a whole agreed to these changes to be more inclusive of membership and it was a change that was needed.

During the meeting we also passed a resolution to remove the lifelong pension. At this point, everyone who already receives a pension or is vested, will still receive their pension, however, vesting from this day forward stops and no one new will ever receive a pension or vesting again. It's a step in the right direction and we will continue to review policy to see if we can take this even further. As for now, from this day forward, board pensions will be a thing of the past.

On Oct. 25, we called a special meeting to address several topic areas. We reduced the recovery hospital to something more feasible from \$25 million to \$5 million and allocated an additional \$1 million to expand Traditional Medicine into its own space to be determined based upon guidance of Traditional Medicine and the community. This was a difficult decision for me because I do support recovery services, but as a good steward of funds and health professional I could not allow this project to move forward in this capacity. We need to focus on primary care and filling the positions within our healthcare industry before trying to expand into a whole new division. I believe both can be done and we do need to focus on recovery services. We just need to move forward one step at a time with something that we know we can maintain.

We also corrected a few issues via resolution that were not in compliance with tribal and federal law by removing the sole source contracting to Binesi. By creating this sole source agreement, our tribe put itself in violation of federal and tribal procurement policy and we need to correct that before we can move forward.

Finally, we determined that we would move initiate Consent Decree litigation since the state of



LaPlaunt addressing the Marquette elders during their annual holiday meal.

Michigan is not working with us towards a joint agreement. This is a huge step for us as a tribe, but we are not willing to lose any more of our rights to the state of Michigan.

Our treaty rights are a guarantee through Article VI of the US Constitution: "This Constitution, and the Laws of the United States which shall be made in Pursuance thereof; and all Treaties made, or which shall be made, under the Authority of the United States, shall be the supreme Law of the Land; and the Judges in every State shall be bound thereby, any Thing in the Constitution or Laws of any State to the Contrary notwithstanding."

This is not up for negotiation and we are taking a stand as a sovereign nation. We will no longer give up our rights freely nor will we consent to something forcefully through the state of Michigan. We will take a hard stand as a tribe and sovereign nation that our treaties ARE the supreme law of the land and we will do our best to continue to protect the rights that our ancestors negotiated.

On Nov. 8, we held a special meeting to further clarify our ARPA funding projects. Contrary to the social media drama, we are not ending projects. We are putting a temporary hold on everything until we make sure that we are following all tribal and federal procurement policy. This was an easy correction; we just have to make sure we do it right and we are lucky that we caught it early. This way we protect our tribal liability, our ARPA

funding, and our projects. As I said before, we need to be good stewards of these federal funds and that starts with knowing and understanding law, policy, and regulations.

We are continuing to work on remote work, hybrid, and flex schedule policy. These policies should be presented for our review soon and I am hoping that we can come to an agreement to begin benefitting our employees and adapting to an ever-changing world. This is a normal business standard for most organizations and we need to learn to adapt quicker and not let our internal policies sit stagnant and drive away skilled workforce to other agencies that are more relaxed.

Finally, we are pushing for healthcare expansion and have asked the Health Director to attend every workshop from here on out. We want to ensure that the health needs of our people are being met and we will work with the Health Division to remove any barriers that may be in place. Telehealth should begin being implemented in the area by next month. Fingers crossed that everything goes smoothly. By adding telehealth, we should be able to meet more needs while being less burdensome with travel and appointment waits. I will monitor this closely and do what I can to continue to support Dr. Chugunov and all of the Health Division staff.

Tyler Migizii Migwan
LaPlaunt
Unit 5 Director and Treasurer
tlaplaunt@saulttribe.net
(906) 440-8294

From "Thrive," page 22

<https://www.willispestcontrol.com/>
Environmental

Windy Hills Bison Farms
Carl Brasseur
Tustin, MI 49688
(231) 342-4245, (231) 388-3556
brasseur@windyhillsbisonfarm.com
<https://windyhillsbisonfarm.com/>
Farming/Fishing

Woody's One Stop
Nick Lourcias
Sault Ste. Marie, MI 49783
(906) 632-7361

nlouricas@hotmail.com
Retail

Y & R Complete Outdoor Services
Ron Baird
Sault Ste. Marie, MI 49783
(906) 203-7388
yolandanolanbaird@gmail.com
Environmental

Zodiac Party Store/Taste of the Upper Peninsula
Keith Massaway
St. Ignace, MI 49781
(906) 643-8643
kmassaway@msn.com
<https://www.facebook.com/zodiacpartystore/>
Retail

Shawn Borowicz updates Unit III membership



SHAWN BOROWICZ,
DIRECTOR, UNIT III

Hello fellow tribal members, I hope this last month has

found you all healthy and safe. With the winter months around the corner, I hope you are all prepared for the upcoming snow season.

We as a board have been working on numerous projects and resolutions, from inspecting our casinos for needed repairs and upgrades, continuing the Consent Decree negotiations with the other tribal governments and the state, attempting to get qualified applicants to fill our needed job openings, and changing the way and time our workshops and board meetings are held so more members can participate either in person or via Zoom, to name just a few. The bottom line is this is

your tribe and the more participation is our only goal so you can see what is happening with no hidden agendas.

By the time you read this, you should have gotten your ballots for the chairperson election and probably already voted for the candidate of your choosing. No matter who wins the election, I as a board member will work with the elected chairperson to benefit the tribe and each of you.

The one resolution we did pass was there will be no more appointments of a vacant position. The Election Committee will be notified in writing of any vacancy and an election will be held to fill that position. I would

like to give praise to the entire Election Committee and its chairperson for all the hard work they do throughout these elections.

I would like to further add that when I ran for this position it was the first time I ran for an elected position and I was kind of naïve about the process. Some of you probably read on social media sites that some of us were being investigated by the Election Committee and the Election Committee attorney. Yes, I was one of them. I failed to account for the in-kind contributions I received throughout the process. The definition of this was anyone who helped you during your campaign but was not paid any money for

doing so. I did show them proof of this in-kind service from family and friends and have since received a letter from the election committee and its attorney stating, "The Election Committee, by majority vote, finds that Mr. Borowicz has complied with the Election Ordinance and no further action will be taken." I'm glad the committee verified this and all is good so I can continue to work for you, the members of this great tribe.

If you should ever have any questions or concerns don't hesitate to contact me at sborowicz@saulttribe.net or (906) 379-8511.

Miigwech,
Shawn Borowicz

McKerchie thanks membership for attending meeting



MICHAEL MCKERCHIE,
DIRECTOR, UNIT I

I want to thank the members for the packed house at last month's board meeting regarding the Recovery Center Project

and legal counsel for our treaty rights case. The majority voted to scale back the recovery project from \$25 million to \$5 million. I believe it's too big a gamble to scale it down so much; we've spent years on researching and brought various experts to consult on best ways to help our people — we've always had a multi-prong approach where we've increased our prevention methods, increased our cultural practices, continued to adopt new ways to help addicts with medicines and treatment homes, and the next step was around treatment center that has now been reduced. I voted no on reducing it from \$25 million to \$5 million because it just isn't enough.

I'm glad the board allowed many members to speak their opinions but, ultimately, they voted to reduce the project. I would ask those members that are interested in making your voice heard to continue to go to meetings; it's been a nice return to our old format of our meetings. I do believe it impacts decisions. Without the show of fishermen support on our treaty right attorney (resolution), I believe the vote may have been different. Although it was close, the board voted to retain one of our attorneys as well as move forward on our case to protect our treaty rights to fish the Great Lakes.

You will also hear several opinions on the court's recent decision regarding the Hoffman

appointment. Understanding that we are in an advisory election, but also wanting to explain what occurred, I will tread lightly. The appointment of Hoffman was not ruled to be right or wrong, legal or not legal; the court simply ruled that it did not have authority to review "any act by the council or any tribal officer is constitutional." This new ruling is very concerning as it states the only people that can determine if the board of directors violates a member's constitutional rights is the board of directors. This is extremely disheartening to hear, as previously our Court has ruled on other constitutional issues, specifically candidate requirements. The board prohibited several individuals from running for

office by amending the Election Ordinance only for our court to later rule it unconstitutional and voided it out.

Circumstances may be different in this situation where as before the board may have allowed the court to review it but the board has taken a different stance this time? It is true that we do not have adequate separation of power, but all previous boards never inserted themselves in constitutional matters. Super majority should not mean you can violate any member's constitutional right. Whether you agree politically or otherwise, constitutional rights should be protected.

As always, any questions or concerns please contact me at (906) 440-7768.

Binesi sole source construction awards violate procedures



AUSTIN LOWES
DIRECTOR, UNIT I

Aaniin,
Much has happened since my last unit report. I'll start with the most pressing matter, Binesi Construction, an 8(a) company created by Sault Tribe. The tribe owns 51 percent and a Sault Tribe member owns 49 percent. The Sault Tribe has been utilizing Binesi, in a sole source arrangement set up by the old board, to manage construction projects funded with ARPA dollars, which are federal COVID relief funds. When this arrangement was established through resolution, Director Freiheit and I were the only ones to vote "no." There are major legal issues with this arrangement, which caused the new board to rescind the sole source resolution based on recommendations from our general counsel and CFO.

When federal funds are used for construction projects, federal procurement laws MUST be followed. These laws require competitive bids to be solicited before contracts can be awarded. The sole source arrangement with Binesi violated this because it awarded Binesi contracts with federal funds without requiring the company to place bids.

The following is an excerpt from our Legal Department's opinion, which is available in its entirety:

"Awarding Binesi Contracting LLC sole source awards for construction management contracts is not consistent with the tribe's Procurement Policy for Construction Related Services, which requires a competitive bidding procedure subject only to the one exception that Sault Tribe Construction be given a right of first refusal for construction contracts. In addition, for projects that utilize federal funds under, e.g., the American Rescue Plan Act (ARPA) or other federal funding programs, the tribe is required to utilize procurement procedures consistent with those set forth in Title 2, Part 200 of the Code of Federal Regulations. These federal requirements also require a competitive bidding process, except in very limited circumstances. Because the sole source award authorized in Resolution No.2022-90 is not consistent with tribal or federal

procurement requirements, we recommend rescinding Resolution No. 2022-90 in its entirety."

Due to this legal issue, building projects utilizing ARPA funding have been temporarily suspended, but they will resume soon. Moving forward, Binesi will have to win bids to be awarded future contracts.

The next issue I want to bring forward are leaks of confidential information from ex-board members. This includes breaches

of attorney-client privilege and leaked videos of closed session workshops. This was done to spin information to mislead the membership. This is disturbing. If a team member did this, they could be terminated. Why should board members be held to a different standard? Their motive is simple: they're trying to make the tribe appear dysfunctional and position themselves as the solution to the problem. At the end of the day,

however, they were voted out of office for a reason, and I hope they find peace in their lives.

To conclude, please be good to one another. We're in the middle of an election, which causes division in our tribe. Let's remember that we're one people, and we should work together to improve our tribe for our elders, youth, and team members.

Miigwech!
Austin Lowes

Tribal chair election is underway!



BETTY FREIHEIT,
DIRECTOR, UNIT I

Hello Tribal Members,

Our election for the next tribal chair is underway! Removing the chair appointed by the previous board was a bold move. But be assured it was legal based on the old board not following the Constitution in making the appoint-

ment.

We have taken more than a bit of criticism for our action. But, we acted in the best interest of the members to allow them the right to choose their chairperson. No one should take away members' right to vote. The new board continues to work hard in behalf of members!

The Sault casino is going to be renovated with new exterior and new windows for the hotel. These renovations have been long needed and should assist in keeping our property attractive to customers.

Based on advice from our legal counsel, we rescinded the prior board's resolution granting Binesi Construction a sole source contract. The resolution was not in compliance with federal or tribal procurement procedures and there is a real concern that non-compliance will result in

having to repay significant federal dollars. And, earlier this week, the board voted to temporarily halt all Binesi construction projects to verify that they did comply with federal guidelines. This was done to protect the tribe from the possibility of having to repay funds. It is confusing and regrettable that the old board members tried to block this necessary acting by voting "no."

The board has made several changes to encourage and respond to members' input. Membership concerns have been added as a standing agenda item, and begin at 5 p.m. instead of 4 p.m. And, board may now respond to members' questions. In addition, members are invited to add their input to agenda items throughout the meeting. These changes are being positively received. If you get an opportunity to attend a

See "Freiheit," page 27

Lee attended G2E Gaming Expo in Las Vegas



KIMBERLY LEE,
DIRECTOR, UNIT II

I accepted an invitation to attend the G2E Gaming Expo in Las Vegas. It was an incredible learning experience. The casino's knowledgeable team of experts allowed me to tag along with them during their meetings with vendors, who introduced us to all the latest and greatest technology. It allowed me to get to know some team members who, behind the scenes, make sure our casinos are as practical as possible. We are lucky to have this crew behind our name. I attended a few classes and learned how gaming is changing and where it's going. How do we keep up responsibly in Indian Country? Our team was able to secure some much-needed upgrades to our gaming floor. Not only in Vegas but at the Sault location, we have some much-needed structure money set aside.

Upon our return, I was able to meet up with our chief executive officer as well as a general manager. They provided me with a tour of our Sault casino location. Soon I plan on visiting the other four sites. I want to introduce myself slowly to all areas and businesses owned by our tribe so I may get a better understanding of the structure of each facility. So, I may be efficient, effective, and knowledgeable as a leader.

A vital topic I am sure many of you have heard about is that by a majority vote, it was agreed

What a spectacular Indian summer. To be given those extra warm days somehow makes us hold them a little tighter, knowing they are limited. May we all remember that in all the things we encounter in our lives.

With fall came an abundance of activity. One tradition that was so wonderful to be a part of was the annual ghost feast. I was able to attend two of them this fall season, hosted by our elders and our youth. They continue to impress me daily with the effort that they put into our tribe and the traditions that they practice and instill daily. To celebrate our elders and our loved ones who have walked on is healing to our spirits.



Lee attended G2E Gaming Expo in Las Vegas.

that we put a temporary hold on previously approved projects. There are some questions about making sure we are following all policies and procedures regarding these funds. We have a duty to the federal government to comply with the guidelines they put in place. We also have a responsibility to you, the members, to ensure that we do everything in our control to protect your funds.

It is with great sadness that the majority of the board had to make a heart-wrenching decision. It was decided that it wasn't in the tribe's best interest to move forward with the \$25 million Recovery Hospital.

Addiction has affected almost everyone in some capacity or another. It is a tragedy in our

communities and our homes. At this time, we have to come up with a different approach that is more fiscally responsible, and still be able to help our loved ones. We need preventative care and sustainable solutions. Our current employment situation in our Indian Health Services is one reason behind this change. As well, we need to put money towards services we have been neglecting for too long. I know that the team that put this dream together is heartbroken. They worked hard, and it was magical. Together we must work to move forward and build something on a smaller scale and grow from that.

The YEA put out an invite for the board to attend its annual conference. What an event YEA hosts. The conference was inspirational and informative. It was beautiful to see our traditional teachings integrated with the values of today's way of life for the future of our youth. I sat in on a couple of the classes being offered. One on suicide prevention, the other on solid hearts. Wow, what powerful topics. The educators did a great job on not only giving a message but also making sure that we took something away. They let me hang out with them at lunch and indulge in Indian tacos. It was an honor to have been included, from tribal leaders to tribal leaders.

Miigwech, for your sacrifice and gift to being servants of our people.

I was allowed to participate in two separate Department of Justice (DOJ) occasions this past month.

The first was a meeting involving an incredible team of our advocates, as well as a DOJ official, to discuss the Michigan Boarding School Research Project. Our team had some great responses to the initiative. Hopefully, we will see this move forward so that we can begin the journey of healing for future generations.

I was also able to participate and provide talking points at a virtual consultation regarding what can be done to strengthen the Crime Victims Fund Set Aside Formula for our tribe. Working closely with our team of essential advocates and providing accurate information makes these connections to funding possible—Miigwech, to our team that fights for our people daily.

We are in the middle of our Special Chairperson Election. Make sure you get your ballots sent back in. Exercise your rights; it is so important.

Make sure you are taking care of yourself, too, even when you are loving and caring for all of your loved ones.

Kimberly Lee
Klee@saulttribe.net
(906) 379-8965

Funding changes, job openings and casino repairs



KIMBERLY HAMPTON,
DIRECTOR, UNIT IV

Aniin kina waya (Hello everybody).

As I am writing this report the snowflakes are coming down. With that being said, I will send well wishes to you all during the upcoming winter and holiday season.

Recovery Campus Project

On Oct. 25, 2022, a resolution was passed to reduce ARPA funds for the Recovery Campus Project from \$25 million to \$5 million. The reasoning behind this decision was that Sault Tribe currently has hundreds of job openings, which include physician positions. I supported this resolution as I feel it would be financially irresponsible to spend such a large amount of money to construct a Recovery Campus Project, when we cannot staff the current workforce, and end up with a vacant building in the future. The Recovery Campus Project is still going to go forward, but on a reduced capacity. There is room in the future to expand as needed. This resolution also authorized \$1 million to be used to

expand Traditional Medicine into its own facility.

Kewadin Casino Repairs and Enhancement

A resolution was passed to authorize \$10 million of ARPA funds to the Kewadin Casinos to begin pre-planned stage 1 repairs, including but not limited to new windows, siding, room remodeling and renovation. These stage 1 repairs are essential in order to repair properties and maintain a competitive advantage in the gaming industry.

Treaty Negotiations

Treaty negotiations are in litigation. Sault Tribe feels that the state of Michigan was not giving us enough rights in the proposed Consent Decree, so Sault Tribe is litigating in an effort to fight for our treaty rights.

Resolution 2022-291

This resolution was passed to rescind Resolution 2022-90, which had granted a sole source award with Binesi Contracting LLC for construction management services. This resolution was rescinded as tribal construction projects using federal funds require compliance with the Uniform Procurement Guidelines under federal regulation, which requires a bid process for projects. Since the passing of this resolution, the board of directors has passed another resolution putting a temporary halt on all ARPA projects to ensure that the process has been followed correctly. The board of directors is currently meeting to determine whether all ARPA projects are compliant with federal procurement guidelines to prevent Sault Tribe from having to pay back millions of dollars in ARPA funding and will resume projects are

compliance is verified.

Powwow Meetings

Unit 4 will have a 2023 powwow on Saturday, June 10, with a Ceremony Opening the evening of Friday, June 9.

Meetings scheduled for the Powwow Committee are located at the Manistique Tribal Health Center, 5698W US Highway 2, Manistique, MI on the following dates:

Nov. 21, 2022 at 6 p.m. EST

Dec. 12, 2022 at 6 p.m. EST

Unit 4 Elder Holiday Parties

The Manistique Elder Holiday Party will be held Dec. 8, at 5 p.m. at the Manistique Tribal Center. Those attending will need to RSVP with the Elder Division.

The Escanaba Elder Holiday Party will be held Dec. 14, at 5 p.m. at the Island Resort and Casino. Those attending will need to RSVP with the Elder Division.

Unit 4 Children's Christmas Parties

— The Manistique Children's Christmas Party is Saturday, Dec. 17, from 12 to 3 p.m. EST. Location is Manistique Tribal Health Center, 5698W US Highway 2, Manistique, MI. Children must be pre-registered by Dec. 2 at 5 p.m. EST by texting or calling myself at (906) 440-8138.

— The Escanaba Children's Christmas Party will be a drive-through this year and is Sunday, Dec. 18, from 12 to 3 p.m. EST. Location is Escanaba YEA building, 1226 Wigob, Escanaba, MI, located on the Escanaba Tribal Housing Site. Children must be pre-registered by Dec. 2 at 5 p.m. EST by texting or calling myself at (906) 440-8138.

Looking Forward

I am already looking forward

to the year 2023 and setting goals personally and for the tribe. There is something about a New Year that has my inner nerd sitting down to set goals with a clean calendar in mind. If any members have ideas to improve our unit, please feel free to reach out to me and share those ideas. I am focusing on my campaign promises as well as what is best for our tribe

as a whole, as well as our communities, and the next seven generations. I look forward to serving you all and working with you all.

Miigwech for allowing me to represent and advocate for our members. I am always available. I kindly ask for a 48-hour time frame to return calls or emails.

Call (906) 440-8138, or email: khampton@saulttribe.net.

Tribe is in turmoil



LANA CAUSLEY-SMITH,
DIRECTOR, UNIT II

It's been turmoil with our tribal government the past six months. We are in a time of referendums to overturn board decisions that have been made — members do not agree with some and file to send out for your approval or disapproval. You will be receiving two in the mail very soon. I'm not clear on how they will run the process now as there has been no update.

We are also in the time of forensic audits and investigations although I do not agree to spend this kind of money on these, it

passed and all are underway. We always have yearly audits and legal to advise and steer us on decisions so I'm concerned as this being highly political and history repeating itself. We have gone down these roads in the past. The coined Phrase of "Move on and unite for the betterment of the tribe" is just words. Dedicated staff and families committed to this tribe feel as though they are targets and feel uncertainty and stress. I plan to keep a level head, keep things steady and look to what we can do to get better. It's difficult with lack of experience and knowledge, even with seasoned advice from staff; it seems the board will do whatever a majority wants regardless of codes or Constitution. I am usually on the losing side of any votes these days and that's alright with me — I stand behind all my decisions per advice from members, legal and our codes and Constitution.

The board did withdraw funds for the recovery facility so those plans that we made in the past years are all done. They commit *See "Causley-Smith," page 27*

Darcy Morrow updates Unit IV membership



**DARCY MORROW,
DIRECTOR, UNIT IV**

I would like to thank everyone who attended the Gladstone Sault Tribe Health Center Grand Opening. It was a beautiful day and nice to see everyone after being cooped up for so long due to COVID. There was a nice turnout of community members, visiting team members from different areas and the Health staff from the center. I would like to thank the Health staff, Health Director Leo Chugunov, West End Director Marlene Glaesmann and all others who made this event happen. Just a reminder: Sault Tribe Health relocated from the Escanaba Penn Starr building to our own facility at 2002 Minneapolis Avenue Gladstone, MI 49837. Stop by the new health facility and check it out if you didn't make the grand opening. And coming soon, there will be a 24-hour access exercise facility on site.

The new board plus Betty and Austin decided to remove \$20 million from the \$25 million ARPA dollars that the old board approved in 2021 for our own detox recovery campus! The sponsors of this resolution were: Hampton, LaPlaunt, Lee, McKechnie and McRorie. All six plus Betty votes YES and the NO votes on this resolution were: Directors Sorenson, McKerchie, Causley-Smith and me. Please see the resolutions below:
*Resolution No. 2022-289
AMENDING RESOLUTION NO. 2021-167 COVID AMERICAN RESCUE ACT FUNDS-RECOVERY CAMPUS PROJECT*

WHEREAS, the Sault Tribe Board of Directors has appropriated twenty-five million dollars (\$25,000,000.00) of approved ARPA funds to accomplish building a new Recovery Campus, and;

WHEREAS, the Health Division is struggling to maintain staff and services to meet the basic Primary Care needs of all of our members across the seven-county service area, and;

WHEREAS, the Health Division has made no effort in the past several years to implement basic recovery services nor have they made an effort to get staff Physicians, NPs, PAs, CNSs, CRNAs, or CNMs waived through SAMHSA to begin practicing basic MAT services for up to 30 patients, and;

WHEREAS, it is not practical to offer minimal recovery services and expect a Recovery Hospital to be the answer to an Epidemic that spans the entire United States population, and;

WHEREAS, Traditional Medicine is an integral part of our way of life and a true path to bringing balance to the four directions of Spiritual, Emotional, Physical, and Mental healing and well-being.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Directors authorizes the amendment to Resolution 2021-167 from the approved \$25,000,000 for a Recovery Campus and reducing the total project amount to \$5,000,000 to begin services and bring it within the scope and capability of the Health Division. A total reduction of \$20,000,000.

BE IT FURTHER RESOLVED, that the Board of Directors authorizes \$1,000,000 of the remaining funds to be used to expand Traditional Medicine into their own facility with the input and guidance of the Traditional Medicine program and community.

BE IT FURTHER RESOLVED, that the Board of Directors moves the remaining \$19,000,000 in ARPA funds to unallocated funding until a valid use can be agreed upon by the

Sault Tribe elder show tickets

Do you want to attend free concerts at Kewadin Casinos?
Eligibility to receive complimentary entertainment tickets:
— Must be a Sault Tribe Elder or Spouse of a Tribal Elder
— Must be at least 55 years of age
— Must have proof of Tribal Membership when picking up tickets.
— Must sign for their tickets when they pick them up.
— Tribal Elders may receive an additional ticket for their Escort/Driver for a handicapped or disabled elder.
— Elders may receive a maximum of two tickets.
— Show tickets are non-transferable.
For Unit 4 Tribal Elders to sign up for concert tickets, please contact Tim Derwin at (906) 236-2597. Call Tim to check upcoming concerts and sign up for the free bus ride.

Sault Tribe Board based on the best interest of the Sault Tribe.

BE IT FINALLY RESOLVED, that the Board of Directors hereby authorizes and approves the Tribal Vice-Chairman, or his designee, to execute any and all documents as may be necessary and appropriate to carry out the terms, conditions and intent of this Resolution and authorizes all internal administrative budget modifications from the authorized budgeted funding.

Do I support Traditional Medicine program — absolutely! They have been involved in our Unit 4 Escanaba Traditional Medicine and Community Center new build project. Funding for Traditional Medicine should have been in a stand-alone ARPA resolution. The funding DID NOT need to come from the detox funds. This resolution was made to cause conflict within the Health Division. There are ARPA funds available; they did not need to take from one program and give to another.

The substance abuse epidemic is real; we are losing members daily we need a recovery campus to provide services for our members and \$5 million is not going to cut it! I informed the whole board that looking at the construction budget for our new facilities in Unit 4, there is NO WAY \$5 million will go very far. It will not cover the construction of the new recovery facility! Where is the funding coming for furnishings, equipment, etc.? This was done to undo a good thing the old board did for the membership and what they really did was

cause harm to our most disadvantaged members. Are you starting to see the pattern here??

Another resolution, Temporary Hold on ARPA Funds Project, was brought forward again to try and make the old board look like they did something wrong. All six of the new crew plus Betty votes YES and the NO votes on this resolution were: Directors Sorenson, McKerchie, Causley-Smith and me. I will speak to our Unit 4 projects - Escanaba Community Center and Manistique Exercise Facility: there was NO reason to stop our projects except retribution to the old board members. The night of the meeting, Austin allowed Issac McKechnie, the sponsor, to speak and Rob McRorie at that time Director Sorenson and myself had our hands up to get the truth out on the table. McRorie called for the vote and Betty seconded him. Your Unit 4 rep Hampton voted not to allow me or Bridgett to speak! Why? Because she didn't want the truth out there? Our Unit 4 projects DID NOT need to be stopped or others for that matter!

The legal advice we have received in the past quickly changes based on the number of new board members pushing for their way! I have never seen our legal flip flop like it has in the past five months and that is why I did not vote to hire this firm as our general counsel.

The JKL Schoolboard Committee (made up of certain board members) fired an elder from our Unit 4 community and your rep Hampton voted YES to fire

the elder. I am not on the JKL committee, I do not have a vote, but I witnessed this happen. Betty didn't like that this elder contacted the Bureau of Indian Education to get answers on things this new board has been saying were done illegally. This elder was the point of contact for the BIE for the JKL School. Wouldn't you be happy that there was nothing done wrong? Not fire the elder who gave you the information! Unless you want to keep making the old board look bad when there is nothing there. Are you seeing the pattern here?

Some of these new board members have jobs outside the tribe that obviously come before this tribe! This tribe should be first! They can't attend workshops and then they are changing our workshop and meeting schedule to accommodate their personal jobs!

I do not like to keep reporting negative news, but this is where our tribe is at. I am very scared for our tribe's future and our next seven generations! Please do your homework, don't take someone's word on Facebook that it is the truth! Start asking for proof in writing — look up the facts, start holding them accountable!

Unit 4 elders wanted to remind the elders who are 55 years of age and older about the free Kewadin concert tickets. Please see the insert with who to contact.

I would like to thank Joanne Carr for her 30-plus years of service to her tribe and the board. Joanne is known throughout our communities as the person to call to get answers! She has always been my go-to person throughout the years. She will be truly missed as she enjoys retirement and spending time with her family. Enjoy, Joanne!

I hope everyone has a successful hunting season and a Happy Thanksgiving.

As always, if you have any questions, feel free to call me.

Thank you
Darcy Morrow
Unit IV Representative
dmorrow@saulttribe.net
(906) 298-1888

Board suspends ARPA funded housing projects



**BRIDGETT SORENSON,
DIRECTOR, UNIT III**

The board recently voted to suspend all housing projects that we were doing in all areas with the ARPA funds.

I did not support this as I have zero faith in our legal team. They continuously change their mind and are never consistent. Again, when we originally voted on these projects, why did they not bring up concerns. They continue to give us bad advice then in turn we have to hire them to defend us.

Many modular homes that have been stuck across the bridge due to construction have arrived and now will not be placed on foundations in the Sault. Our contractors have not been paid which is unacceptable and a reason for contractors to not want to do business with the tribe.

The new board said they wanted to continue the projects but were hell bent on calling a special meeting to suspend

the projects knowing we had a workshop scheduled for the next day that involved all parties. It seems that they are jumping to conclusions instead of getting all the facts first. Most resolutions thus far have been retaliation from the campaign managers.

It seems that anyone that may be a threat to their mission is being run out. Our board executive is leaving after 30 years. She has so much institutional knowledge. She knows the codes, constitution and can track down resolutions in a quick manner. She tries to correct them when she knows the facts and that is not well received.

Several staff have been berated during workshops and meetings. They are conducting them-

selves in a behavior they are accusing DJ off. Terminating an elder because they dropped off proof that bonuses were allowable under CRSAA and a family member exposed on social media their campaign fraud.

Meeting and workshops are being called and switched around people's work schedules. Some of them can't make it to the Sault on Tuesdays until 3-4 p.m. in the afternoon on meeting days. I also have another job but it does not interfere with Tuesdays. I also am available on many other days and times for other board events and engagements.

The new board secretary needs staff to bring her resolutions to sign that she said during the election of officers would not be a problem to run to the

Sault to sign.

I know some people think I am negative for putting this information out there but if I don't how do people know what really goes on.

I am not a person that looks the other way, if I did I am sure I wouldn't be the topic of some toxic Facebook pages or a target. I cannot and will not be intimidated.

Any questions or concerns please contact me at (906) 430-0536 or email me at bridgett91@yahoo.com.

Happy Thanksgiving to our wonderful staff, military members and members everywhere!

The Unit 3 Christmas Party will be a drive through event at the Kewadin Shores Casino on Sunday, Dec. 4, from 5-7 p.m. Hope to see you there!

FROM PAGE 25

From "Causley-Smith," page 25

ted \$5 million for the health center to add recovery services within the Health Division.

I do not agree as we need more intense measures to assist members but I guess it's better than nothing at all. I hope that we can help our members that are in desperate need but I fear it will not be enough and we do not have the internal capabilities and our current health staff and community worked on the faculty with try dedication.

I am happy to report that

FROM PAGE 24

From "Freiheit," page 24

meeting in person or on Zoom, you will notice a different atmosphere.

Last month, the board eliminated the board pension program. No new board can enroll in this program. Current recipients invested board will continue to receive benefits. I realize some members wanted us to end the program for all recipients but we were advised against this by our legal counsel.

Many of us are seeing a lot of misinformation posted on social media by some well-known old board supporters. They are deliberately misleading people as to actions taken by the board and are further posting confidential documents designed to malign the new board. Exercise caution when reviewing these posts. Much of the information is altered and only certain excerpts are being used to draw false conclusions. If you have questions contact your board reps for exact information.

Finally, the lawsuit DJ Hoffman filed against the tribal board to be reinstated to the position as chair was dismissed by our tribal court. However, he has appealed that decision, which is pending.

In closing, as always, take care of yourself and family. Help your neighbors any time you can and please take care of our elders.

Also, have a Happy Thanks-

LIHEAP ANNOUNCEMENT

The Low Income Energy Assistance Program opened Nov. 1, 2022, to eligible households residing in the Sault Tribe's seven-county service area.

If you are in need of heating assistance please visit an Anishnaabek Community and Family Services (ACFS) office in your area to complete an application.

Applications can also be found at www.saulttribe.com. The program will remain open until funding has been exhausted.

If assistance is needed with the application process, contact ACFS at (906) 632-5250.

the DeTour Clinic is now open for members to begin getting services there. I'm hoping that once we recruit enough professionals that they can begin to have doctor visits in DeTour, Hessel and Newberry once again.

This took many years to get to the point of opening the doors and I thank the Health staff that worked on this and our past Director Catherine Hollowell for always working toward this together.

We will be hosting two children's Christmas's parties in

giving!

Betty F. Freiheit
Unit 1 Director
bfreiheit@saulttribe.net
(906) 379-8745

Unit 2 — we plan to accommodate the eastern end of the unit and the western end of our unit. The Hessel party is 12 p.m. on Dec. 17 at the Hessel Tribal Center. Please contact Kara to register (906) 484-2298 and Newberry, Dec. 14, Luce County Health Dept., 5:30 p.m. Call (906) 293-8181. Please take your child to whichever one is closest to you. I hope you all have a very blessed dinner this month with your families.

As always if you want to discuss anything or have input or advice, please contact me: (906) 484-2954, (906) 322-3818, or lcausley@saulttribe.net.

Baamaapii — please take care of each other when you can.

Lana Causley-Smith
Board Representative Unit II



Sault Tribe member Ashlynn Brown celebrated her first birthday Oct. 28, 2022. Ashlynn is the daughter of Scotty and Arianna Brown.

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