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## **Tribe receives \$35,000 Healthy People 2020 Grant** *Benefits to Sault, Manistique, St. Ignace, Munising communities*

**SAULT STE. MARIE, Mich.** – The Sault Tribe of Chippewa Indians Community Health Program recently received a \$35,000 grant that will be used to enhance its efforts with the Strategic Alliance for Healthy (SAH) grant project.

"The goal of the Healthy People 2020 Action Project is to engage multiple sectors to strengthen policies, and create social and physical environments that promote health," said Marilyn Hillman, Community Health Program Manager. "We will engage both school districts and community coalitions in the four funded SAH communities, Sault Ste. Marie, St. Ignace, Munising, and Manistique, to implement policy, systems and environmental changes to increase physical activity and healthy eating to achieve Healthy People 2020 objectives."

The tribe is looking to give \$6,500 mini-grants to the Coordinated School Health Teams in each of the four communities to address the Healthy People 2020 objective on nutrition and physical activity. In addition, \$2,250 in mini-grant funds would be available to each of the four funded communities to enhance efforts to make environmental changes that support physical activity. Examples of this include enhancement for the communities non-motorized transportation plans – bike lanes, side walks, trails, or other environmental changes.

According to Hillman, tribal SAH project staff will work with our community partners to support policies and environmental changes that will increase access to healthy foods and physical activity within schools and the broader community.

For more information on the SAH or the Healthy People 2020 grant, contact the community health office at (906) 632-5210

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