

Sault Ste. Marie Tribe of Chippewa Indians
Anishnaabek Community and Family Services
Child Care and Development Fund

Parent/Provider Newsletter

October 2020

You are receiving this newsletter because you are either a parent receiving Child Care Assistance from the Sault Ste. Marie Tribe of Chippewa Indians CCDF program, you are a Child Care Provider receiving Subsidies, or you are in a collaboration/partnership with the Tribal CCDF Program.

CCDF is located at 2218 Shunk Road, Sault Ste. Marie, MI 49783 and you can reach us at 800-726-0093 or 906-632-5250. You can contact Trish, CCDF Coordinator at psterling@saulttribe.net or Angel, Administrative Assistant at apeer@saulttribe.net. Our fax number is 906-632-5266.

CONSUMER STATEMENT

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers, or Relative Care Providers. Relative Care Providers must complete requirements prior to providing care for your child(ren).

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit https://www.michigan.gov/lara/0,4601,7-154-89334_63294_5529---,00.html to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area.

ALL CCDF PARENTS AND PROVIDERS

If you haven't contacted me already, Sault Tribe CCDF program has COVID 19 CARES ACT Fund Dollars available for CCDF Parents and Providers for COVID 19 related items such as masks, gloves, disinfecting alcohol wipes, Mr. Clean, hand sanitizer, antibacterial hand soap, laundry detergent, etc. Please make your list and send it to Patricia Sterling, CCDF Coordinator, psterling@saulttribe.net or call at 906-632-5250

Grocery List

MUMMY CAULIFLOWER MINI PIZZAS



16 oz riced cauliflower
(fresh or frozen, see note below)



2 eggs



2 Tbsp. grated parmesan



4 slices pre-sliced square
mozzarella cheese
(about 4 oz.)



8 oz. can of tomato puree
(unseasoned)



1 ½ tsp. dried oregano



½ tsp. garlic powder



Small can of sliced black
olives (2.25 oz. can works)



Salt and pepper



Parchment paper
(or silicone baking sheet)

Substitutions



- Can be called “riced cauliflower” / “cauliflower pearls” / “cauliflower crumbles.”
- Fresh riced cauliflower is in the salad section at your grocery store.
- Frozen riced cauliflower works too, but purchase around 20 oz., because ice adds to the volume.
- You can also make your own with 1 large fresh cauliflower head and a food processor.



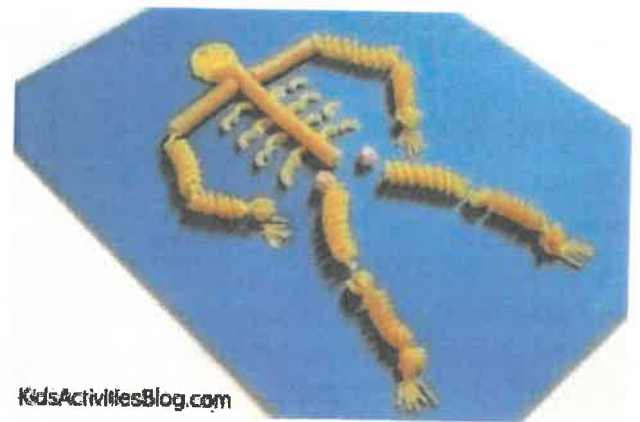
Can't find sliced mozzarella? Check the deli aisle or ask at the deli counter. You can also substitute sliced provolone cheese instead.

BUILD-A-BONE

After you finish dancing the story, build your own skeleton with things you find around your house!

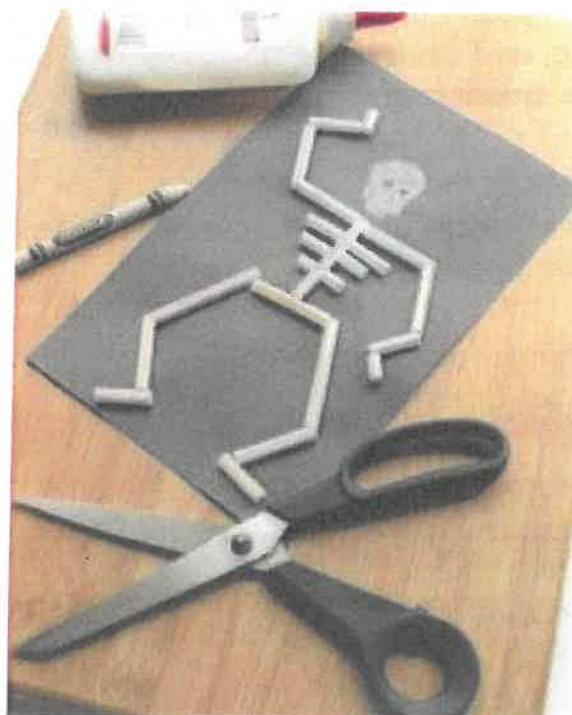
Materials Needed:

- Construction paper
- Straws/pasta/q-tips
- Scissors
- Glue



Instructions

1. Pick what you want to use to build your skeleton. You can use things like pasta, q-tips and straws. (Note that if you are using straws, you will have to cut them.)
2. Take the bone supplies you found and lay out your skeleton on your construction paper. Be creative- does your skeleton belong to a human or an animal? How many bones does it have?
3. Once you have laid out your full skeleton, you can glue your creation to the paper.
4. How many bones are in the human body? What bones can you name? Write down your guesses, and if you don't know, ask an adult to help you find the answers!



WILD THING PUPPET

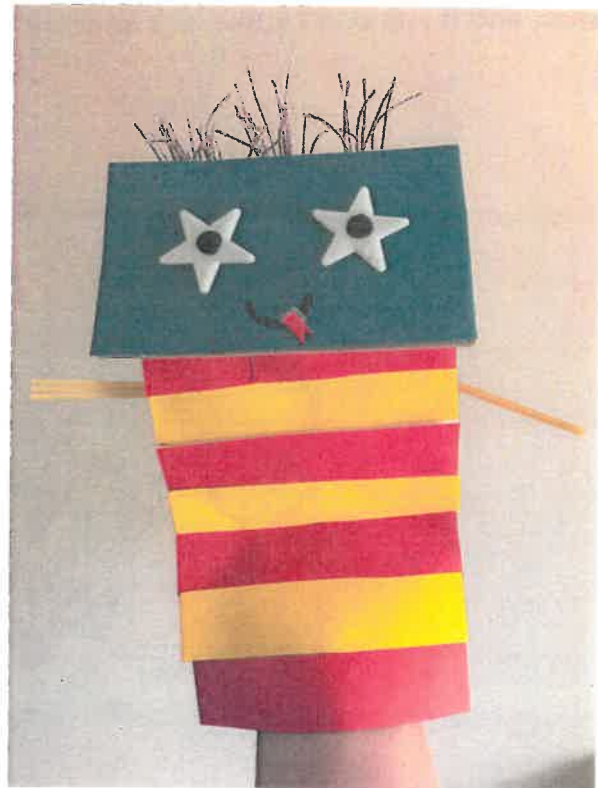
Want to be like Max? Make your own Wild Thing and keep on dancing- at least until suppertime!

Materials Needed

- Brown paper bag
- Scissors
- Tape and/or glue
- Construction paper
- Straws, pipe cleaners or spaghetti
- Markers and/or stickers
- Additional household and/or crafting supplies as desired

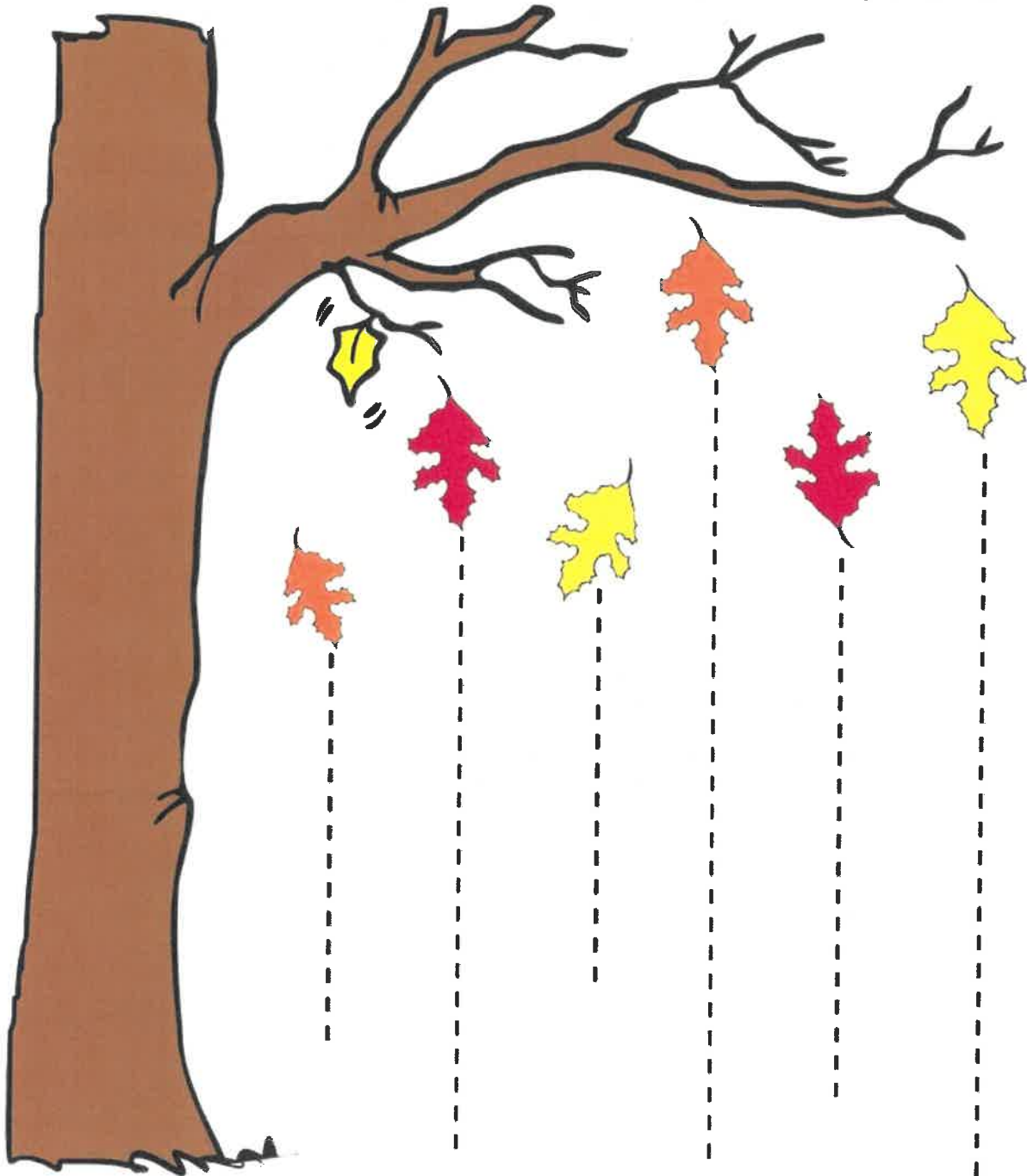
Instructions

1. Gather your supplies- get creative! Think about hair or fur for your Wild Thing, as well as decorations for the body.
2. Lay out the paper bag so that the bottom of the bag is facing up and towards you- this will be your Wild Thing's head.
3. Measure a piece of construction paper to fit over the bottom of the paper bag, and cut it out using scissors. Attach it to the paper bag with tape or glue.
4. If you would like to cover the rest of the paper bag, measure and additional pieces of construction paper to fit over it. Stripes work well, but any pattern is possible!
5. Design the rest of your Wild Thing's look. Does she have hair? How many eyes does he have? Does she have sharp teeth?
6. Decorate your Wild Thing based on your design, using your supplies, and attaching decorations using glue or tape. Decorations like arms and hair are often easier to attach from the back side of the paper bag.



Name: _____

Practice drawing vertical lines. Trace the dotted lines from top to bottom.





CUT OUT THE PICTURES

