

Parent/Provider Newsletter

July 2020

You are receiving this newsletter because you are either a parent receiving Child Care Assistance from the Sault Ste. Marie Tribe of Chippewa Indians CCDF program, you are a Child Care Provider receiving Subsidies, or you are in a collaboration/partnership with the Tribal CCDF Program.

CCDF is located at 2218 Shunk Road, Sault Ste. Marie, MI 49783 and you can reach us at 800-726-0093 or 906-632-5250. You can contact Trish, CCDF Coordinator at psterling@saulttribe.net or Angel, Administrative Assistant at apeer@saulttribe.net. Our fax number is 906-632-5266.

CONSUMER STATEMENT

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers, or Relative Care Providers. Relative Care Providers must complete requirements prior to providing care for your child(ren).

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit https://www.michigan.gov/lara/0,4601,7-154-89334_63294_5529---,00.html to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area.

ALL CCDF PARENTS AND PROVIDERS

Sault Tribe CCDF program has COVID 19 CARES ACT Fund Dollars available for CCDF Parents and Providers for COVID 19 related items such as masks, gloves, wipes, cleaning supplies, hand sanitizer, etc. Please make your list and send it to Patricia Sterling, CCDF Coordinator, psterling@saulttribe.net or call at 906-632-5250

RELAX

Alternatives to Anger for Parents and Caregivers

Social Emotional Development in Infants and Toddlers

Age	Development	What you can do
0-3 months	<ul style="list-style-type: none"> • Cries, smiles, coos • Looks at faces • Quiets when picked up • Listens to voices 	<ul style="list-style-type: none"> • Look at them • Pick them up • Hold and cuddle them • Use gentle touches • Smile at them • Listen, sing, and talk to them • Read to them
3-6 months	<p>Gives warm smiles and laughs</p> <ul style="list-style-type: none"> • Cries when upset and seeks comfort • Shows excitement by waving arms and legs • Likes to look at and be near special persons in life • Can be comforted 	<p>Share baby smiles, laughter</p> <ul style="list-style-type: none"> • Notice and pay attention to them • Respond to their cries and coos • Hold them when feeding • Hold and read to them • Play lovingly with them
6-9 months	<p>Plays games like peek-a-boo</p> <ul style="list-style-type: none"> • May get upset when separated from familiar persons • Responds to own name • Enjoys a daily routine • May be unsure of strangers • May comfort self by sucking thumb or holding a special blanket 	<p>Sing songs and say nursery rhymes</p> <ul style="list-style-type: none"> • Talk in gentle voice • Be predictable and consistent • Watch and learn their needs and wants • Read to them • Have fun playing baby games with them
9-12 months	<p>Imitates others</p> <ul style="list-style-type: none"> • Enjoys books • Is able to be happy, mad, sad • Has a special relationship with parents and caregivers • Is curious about playthings • Shows feelings by smiling, crying, pointing • Trusts that needs will be met 	<p>Talk, sing songs and say nursery rhymes</p> <ul style="list-style-type: none"> • Encourage them to explore • Be available, gentle, responsive and protective • Read books with baby • Name feelings like happy, mad, sad

Finding Ways to Calm Down

Ways to Calm Down	What Works for Me
<ul style="list-style-type: none"> • Count to 10 • Take several deep breaths • Find some humor in the situation • Imagine a peaceful, lovely place • Call someone on the phone • Go to another room or leave the house for a break • Splash water on your face • Listen to music • Positive self-talk “I can do this!” • Name your feeling • Give yourself or someone a compliment • Smile at someone • Tell yourself a joke • Take a 10-minute walk • Stretch and do 10 arm circles • Read a book 	<p><i>Work with a partner to come up with ideas that help calm you down. Write those ideas down here.</i></p>