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# TEA BLENDING 101

## WORKSHOP

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PLEASE JOIN SAULT TRIBE HEALTH EDUCATION FOR OUR UPCOMING TEA BLENDING WORKSHOP, WHERE YOU'LL LEARN THE SIGNIFICANCE OF INCORPORATING HERBS INTO YOUR DAILY LIFE AND THE REMARKABLE THERAPEUTIC POTENTIAL OF PLANT-BASED MEDICINES.



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**FRIDAY AUGUST 23, 2024**

1P.M. - 2P.M.  
BIG BEAR HOSPITALITY ROOM  
2 ICE CIRCLE CHI MUKWA  
SAULT STE. MARIE, MI 49783

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### WORKSHOP HIGHLIGHTS

LIVE  
DEMONSTRATIONS

EXPERT-LED  
SESSIONS

TRADITIONAL  
TEACHINGS

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**RESERVE YOUR SPOT NOW - SPACE IS LIMITED!**

**PLEASE CALL COMMUNITY HEALTH AT  
906-632-5210 TO REGISTER.**

Supported by the Tribal Practices for  
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Prevention

