

Indigenous Food Week 2025 Social Media Challenge

Take a photo of your Indigenous food or activity that led to the indigenous food. See examples to the side. Alternatively, you may write a story, memory, or poem about indigenous food.

Email pictures or stories that may be posted on Tribal Food Sovereignty Collaborative or Sault Tribe Healthy Living Facebook pages to mbunker@saulttribe.net.

Entry must be received by 12pm on Monday, October 13th

Each picture/story e-mailed is one entry into a prize drawing for a new food dehydrator!



Examples of an indigenous food or activity:

- a bushel of apples
- a wild rice dish
- people fishing
- foraging or harvesting
- preserving foods
- saving seeds

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