

Sault Tribe Community Health and MSU Extension Present:



MICHIGAN STATE
UNIVERSITY | Extension



Canning and Preserving Workshop Series

Please join us for a 3 day series on the
basics of food preservation!

-Free to all community members

-Limited spots available

**OCTOBER 24TH: LOW-SUGAR JAM & BLANCHING
AND FREEZING**

OCTOBER 30TH: CORN RELISH

NOVEMBER 7TH: INTRO TO PRESSURE CANNING

4:30pm to 7:30pm

Escanaba Community Center

3721 Jingob St, Escanaba, MI

To register or for more information, please contact:

Julia Jarvis at (906) 203-6343 (cell)

Supported by the Tribal Practices for Wellness in Indian Country Project made possible with funding from
the Centers for Disease Control and Prevention