

## CoVid

## PLEASE REMEMBER

CoVid is caused by the SARS-CoV-2 Virus It has several different "variants", or strains.

Symptoms usually begin 3-5 days after you are infected with the virus.

**Symptoms include:** 

Fever

Headache

Cough

**Sore Throat** 

Chills

**Runny or Stuffy Nose** 

**Fatigue** 

Problems with taste / smell

**Trouble Breathing** 

**Muscle Aches** 

Most people have mild symptoms that last a few days to a week. If you become ill with CoVid, stay home, rest, & drink plenty of fluids. If you begin to have trouble breathing, seek treatment at your nearest emergency department.