

Anishinaabemowin

Word of the Week
Aakdehewin

Aak/dehe/win- Bravery

Bravery is represented by the bear. The bear shows us how to live a balanced life with rest, survival and play. To know bravery is to face hardships head on, find your inner strength to face the difficulties of life, finding the courage to be yourself, and to do what's right even if it could hurt you is to know bravery. Make positive choices and have conviction in your decisions. Face your fears to allow yourself to live your life.

